



# LEARNING AT HOME

## Lesson guide – reception

We've created a suite of lessons for students learning at home due to COVID-19.

You'll find lessons and additional guides for students from reception to year 10 on [Our Learning SA](#).

### Using this guide

This guide gives an overview of the lessons for reception.

### Students

Students and families can use this guide to:

- complete the lessons in order; we recommend starting from lesson 1, series 1 in each learning area
- track your progress through the lessons.

### Teachers

Teachers can use this guide to:

- find lessons developed from the department's curriculum resources
- support professional learning.



# Literacy

## [Series 1](#)

- Lesson 1: Phonological awareness – m, s, t, a
- Lesson 2: Phonological awareness – f, n, p, e
- Lesson 3: Phonological awareness – b, k, z, i
- Lesson 4: Phonological awareness – l, d, g, o
- Lesson 5: Phonological awareness – v, h, w, u
- Lesson 6: Phonological awareness – sh, ng, short oo, oi, ai
- Lesson 7: Phonological awareness – j, unvoiced th, long oo, ar, ee
- Lesson 8: Phonological awareness – voiced th, r, or, air, ie
- Lesson 9: Phonological awareness – ch, y, ou, er, oa
- Lesson 10: Phonological awareness – zh as in treasure, ear, ue, schwa
- Lesson 11: Read and write phoneme /s/ as in sun
- Lesson 12: Practise phoneme /s/
- Lesson 13: Read and write phoneme /a/ as in apple
- Lesson 14: Practise phoneme /a/
- Lesson 15: Practise phonemes /s/ and /a/
- Lesson 16: Read and write phoneme /t/ as in tap
- Lesson 17: Practise phoneme /t/
- Lesson 18: Read and write phoneme /p/ as in pig
- Lesson 19: Practise phoneme /p/
- Lesson 20: Practise phonemes /t/ and /p/
- Lesson 21: Phoneme /i/ as in insect
- Lesson 22: Practise phoneme /i/
- Lesson 23: Phoneme /m/ as in mouse
- Lesson 24: Practise phoneme /m/
- Lesson 25: Practise phonemes /i/ and /m/
- Lesson 26: Phoneme /n/ as in nose
- Lesson 27: Practise phoneme /n/
- Lesson 28: Read and write phoneme /d/ as in dog
- Lesson 29: Practise phoneme /d/
- Lesson 30: Practise phonemes /n/ and /d/
- Lesson 31: Phonemes /g/ as in gate
- Lesson 32: Practise phoneme /g/
- Lesson 33: Phoneme /o/ as in orange
- Lesson 34: Practise phoneme /o/
- Lesson 35: Phonemes /g/ and /o/
- Lesson 36: Phoneme /c/ as in cat
- Lesson 37: Practise phoneme /c/
- Lesson 38: Phoneme /r/ as in rabbit
- Lesson 39: Practise phoneme /r/
- Lesson 40: Read and write using your learning so far

## Literacy

### [Series 2](#)

- Lesson 41: Read and write phoneme /f/ as in fish
- Lesson 42: Practise phoneme /f/
- Lesson 43: Read and write phoneme /e/ as in egg
- Lesson 44: Practise phoneme /e/
- Lesson 45: Practise phonemes /f/ and /e/
- Lesson 46: Read and write phoneme /h/as in hat
- Lesson 47: Practise phoneme /h/
- Lesson 48: Read and write phoneme /b/ as in bed
- Lesson 49: Practise phoneme /b/
- Lesson 50: Read and write phonemes /h/ and /b/
- Lesson 51: Read and write phoneme /l/ as in ladder
- Lesson 52: Practise phoneme /l/
- Lesson 53: Read and write phoneme /u/ as in umbrella
- Lesson 54: Practise phoneme /u/
- Lesson 55: Practise phonemes /l/ and /u/
- Lesson 56: Read and write phoneme /k/ as in kite
- Lesson 57: Practise phoneme /k/
- Lesson 58: Read and write phoneme /j/ as in jam
- Lesson 59: Revise phoneme /j/ as in jam
- Lesson 60: Practise phonemes /k/ and /j/
- Lesson 61: Read and write phoneme /w/ as in web
- Lesson 62: Practise phoneme /w/
- Lesson 63: Read and write phoneme /v/ as in van
- Lesson 64: Practise phoneme /v/
- Lesson 65: Practise letters /w/ and /v/

## Numeracy

### [Series 1](#)

- Lesson 1: Number – count to 5 and sort into groups
- Lesson 2: Number – count to 5 and sort into big and small groups
- Lesson 3: Number – sort and classify groups of objects
- Lesson 4: Number – sort shapes into groups
- Lesson 5: Number – revise counting strategies
- Lesson 6: Sorting and counting
- Lesson 7: Sorting to 5
- Lesson 8: Sort and recognise beyond 5
- Lesson 9: Subitising
- Lesson 10: Ordinal numbers
- Lesson 11: Compare and order

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- Lesson 12: Compare and match
- Lesson 13: Matching number to numeral
- Lesson 14: Matching numbers to 6
- Lesson 15: Subitising small collections
- Lesson 16: Number patterning – 2 unit patterns (part 1)
- Lesson 17: Number patterning – 2 unit patterns (part 2)
- Lesson 18: Number patterning – 3 unit patterns (part 1)
- Lesson 19: Number patterning – 3 unit patterns (part 2)
- Lesson 20: Number patterning – border patterns
- Lesson 21: Patterning – 2 unit continuous repeating patterns
- Lesson 22: Patterning – 3 unit continuous repeating patterns
- Lesson 23: Patterning – continuous patterns using a grid
- Lesson 24: Patterning – 4 unit continuous repeating patterns
- Lesson 25: Patterning – 2, 3 or 4 unit repeating patterns
- Lesson 26: Number – one more than (part 1)
- Lesson 27: Number – one more than (part 2)
- Lesson 28: Number – one less than (part 1)
- Lesson 29: Number – one less than (part 2)
- Lesson 30: Number – the narrative (more than, less than or enough?)
- Lesson 31: Introduction to measurement
- Lesson 32: Estimation
- Lesson 33: Mass – how heavy is it?
- Lesson 34: Comparing mass – heavy or heavier?
- Lesson 35: Capacity – how much it can hold?
- Lesson 36: Comparing capacity – holds more or holds less
- Lesson 37: Length – how long is it?
- Lesson 38: Comparing length – long or longer
- Lesson 39: Actions of a good measurer (part 1)
- Lesson 40: Actions of a good measurer (part 2)

### [Series 2](#)

- Lesson 41: Introducing positional language
- Lesson 42: Using words to describe position and movement
- Lesson 43: Understanding words to describe location and direction
- Lesson 44: Following simple directions
- Lesson 45: Following and giving simple directions
- Lesson 46: Identifying the differences between day and night
- Lesson 47: Comparing duration of short and long events
- Lesson 48: Sequencing language
- Lesson 49: Sequencing familiar events in time order
- Lesson 50: Planning the sequence of events
- Lesson 51: Days of the week
- Lesson 52: Introduction to the language of yesterday, today and tomorrow

## Numeracy

- Lesson 53: Following the sequence of the days of the week
- Lesson 54: Exploring the frequency of events
- Lesson 55: Consolidating our learning about the days of the week
- Lesson 56: Exploring 2 dimensional shapes
- Lesson 57: Exploring the attributes of squares
- Lesson 58: Exploring the attributes of circles
- Lesson 59: Exploring the attributes of triangles
- Lesson 60: Exploring the attributes of rectangles

## Physical activity

### [Series 1](#)

- Lesson 1: Building strength
- Lesson 2: Building strength
- Lesson 3: Building strength
- Lesson 4: Building strength
- Lesson 5: Building strength
- Lesson 6: Let's move
- Lesson 7: Let's move
- Lesson 8: Let's move
- Lesson 9: Let's move
- Lesson 10: Let's move
- Lesson 11: All sports
- Lesson 12: Jumping into the day
- Lesson 13: Build your strength – whole body
- Lesson 14: All sports
- Lesson 15: Coordination and agility challenges
- Lesson 16: Build your strength – upper body
- Lesson 17: All sports
- Lesson 18: Object control
- Lesson 19: Build your strength – core
- Lesson 20: All sports
- Lesson 21: Locomotor movements
- Lesson 22: Build your strength
- Lesson 23: Virtual surf life saving event
- Lesson 24: Coordination
- Lesson 25: Build your strength
- Lesson 26: Follow your dreams
- Lesson 27: Strength, flexibility and mindfulness
- Lesson 28: Build your strength and fitness
- Lesson 29: Canoe racing
- Lesson 30: Flexibility

## Physical activity

- Lesson 31: Build your strength and fitness
- Lesson 32: Athletics
- Lesson 33: Being active helps your memory
- Lesson 34: Building your fitness
- Lesson 35: Dragon boat racing
- Lesson 36: Balance
- Lesson 37: Build your fitness
- Lesson 38: Surf life saving super series 1000
- Lesson 39: For the love of moving
- Lesson 40: Build your strength and fitness – whole body

### [Series 2](#)

- Lesson 41: Mountain bike challenge
- Lesson 42: Strength and agility
- Lesson 43: Build your strength and fitness – whole body
- Lesson 44: Olympic swimming
- Lesson 45: Strength and flexibility
- Lesson 46: Building your strength and fitness – upper body
- Lesson 47: Aussie rules football
- Lesson 48: Skills – throw and catch with a partner
- Lesson 49: Building your strength and fitness – lower body
- Lesson 50: Junior triathlon
- Lesson 51: Reaction time and agility
- Lesson 52: Whole body workout
- Lesson 53: Line dancing
- Lesson 54: Hand-eye coordination and agility
- Lesson 55: Upper body workout
- Lesson 56: Winter Olympics
- Lesson 57: Hand-eye coordination and agility
- Lesson 58: Lower body workout
- Lesson 59: Spin session
- Lesson 60: Volleyball basics
- Lesson 61: Whole body workout
- Lesson 62: Choose your own adventure
- Lesson 63: Mobility and range of motion
- Lesson 64: Whole body workout
- Lesson 65: Dragon boats

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