
Appendix A

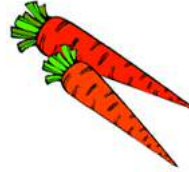
Year 3 - Food and Nutrition Quiz
The Health Benefits of Vegetables



broccoli



cabbage



carrots



celery



chili peppers



corn



cucumber



green onions



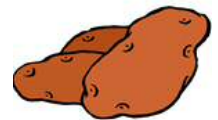
lettuce



onions



peas



potatoes

Question: Pick 3 vegetables and tell me why they are good for you
