



Water Smart Level 3 – Years 3 and 4

Where We Live

Activity Sheet 1 – Water and Electricity do not Mix

Name: _____

In the first column (Room) list the rooms in your home where water can be accessed. In the second column (Electrical Appliances) list the electrical appliances that you find in that room. You can also make notes about any hazardous situations you find.

Room	Electrical Appliances	Hazards Found
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	<hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/>
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Aquatic Environments – Swimming Pools/Aquatic Centres Activity Sheet 2 – Do the Right Thing



Jacob and Austen are excited about going to the local aquatic centre for a swim. They can both swim well and run along the edge of the pool to the deep end. Without looking, they jump in.

Rhian and Hannah are visiting the local swimming pool with their Mum. Rhian is a strong swimmer, but Hannah has not learnt to swim yet. While their Mum is talking to a friend the two girls walk down to the deep end of the pool. Rhian jumps in the water and Hannah follows.

Bart and Nick are visiting the new local wave pool. They are really excited as they have never been to a wave pool before. They get changed and Nick says “I’ll race you to the pool, Bart”. Nick and Bart run towards the pool. Nick slips and hits his head on the cement.

Naomi and Mandy are on a holiday with their family. They can both swim well. On a hot summer day the whole family goes to the local swimming pool. Naomi and Mandy go straight to the edge of the pool and dive in. Mandy’s hands and face scrape against the bottom of the pool which causes grazes.

Kerryn and Andrew are swimming at the local aquatic centre. The pool lifeguard blows the whistle and asks everyone to get out of the water. Kerryn and Andrew ignore the lifeguard and continue to play in the water. Close to them an adult with a cramp is struggling in the water.

A mother’s group is celebrating their babies first birthday at the local aquatic centre. The babies are splashing about in the paddling pool while their mothers are sitting and chatting close by. One baby crawls over to the deeper teaching pool and falls into the water.



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Aquatic Environments – Rivers, Lakes and Dams

Activity Sheet 4 – Inland Water Mind Map

Name: _____

Physical Characteristics

Activities people do here

Inland Water Environment

Potential Dangers or Hazards

Staying Safe Here



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Aquatic Environments – Rivers, Lakes and Dams Activity Sheet 5 – Short Stories

Read the story then:

- rewrite it and change the unsafe behaviour to safe behaviour
or
- copy it and write a conclusion that ensures the main character stays safe.

Nine-year old Henry is on an annual family holiday at a river-side campground.

As it gets late, the family tidies up and starts to prepare dinner. Henry is left with nothing to do. He decides to head down to the river and jump in the rubber dinghy that has been left on the edge of the water.

The river has a slight current and all of a sudden the boat starts to move off the embankment. Before Henry can do anything, the boat is out in the middle of the river and is moving downstream. Henry can see the oars and life jackets (that should have been in the boat) up on the riverbank. Henry is scared.



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Aquatic Environments – Rivers, Lakes and Dams Activity Sheet 5 – Short Stories

Read the story then:

- rewrite it and change the unsafe behaviour to safe behaviour
or
- copy it and write a conclusion that ensures the main character stays safe.

Twelve-year old Nicola loves her family's Christmas trips. They enjoy the hot summer by going water skiing and wind surfing at Lake Eppalock.

Nicola watches people water ski on the lake as she impatiently waits her turn.

Bored, Nicola spots a discarded wind surfer on the edge of the lake. She looks around, her father is driving the boat and her mother is talking to a friend. Unnoticed, Nicola confidently jumps onto the wind surfer without a lifejacket and heads for the middle of the lake.

Nicola struggles to keep the sail upright in the strong wind and choppy water. She starts to panic when she realises she cannot get back to shore. All Nicola can do is hold on to the board and yell for help.



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Aquatic Environments – Rivers, Lakes and Dams Activity Sheet 5 – Short Stories

Read the story then:

- rewrite it and change the unsafe behaviour to safe behaviour
or
- copy it and write a conclusion that ensures the main character stays safe.

Jason lives on a farm. He is sixteen and loves riding his motor bike. One Saturday afternoon, Jason takes off on his bike without telling anyone what he is doing, where he is going or when he will be back. Jason thinks he will be fine as he has ridden a motor bike many times and is quite confident in his skills.

He decides to ride through the paddock to the dam not far from his home. He accelerates, kicking up dust and rides around the top of the dam as fast as he can. Suddenly, Jason loses his balance, tumbles from the bike and falls down the embankment of the dam. His head hits the ground and he blacks out before falling into the water.



Name: _____

[illegible]



This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



Water Safety Tips

Swimming Pools/Aquatic Centres – Key Safety Tips

- ♣ Always swim with an adult.
- ♣ Read and obey pool signs and listen to lifeguards' advice.
- ♣ Stay away from the deep end, unless you can swim well.
- ♣ Make sure the water is clear of swimmers before entering.
- ♣ Do not run around the pool edge.
- ♣ Check the depth markings on the poolside to see where it is safest to swim or dive.
- ♣ Play safely around water – do not push people into the pool.



Water Safety Tips

Beach – Key Safety Tips

- ♣ Always swim with an adult – never swim alone.
- ♣ Swim between the red and yellow flags. This is the safest area and is patrolled by lifesavers.
- ♣ Read the surf conditions board before entering the water.
- ♣ Do not enter the water if you have any doubts about your ability to cope with the conditions.
- ♣ Keep watch on a reference point on the shore, to avoid drifting.
- ♣ Swim parallel to, not away from, the shore when you swim long distances.
- ♣ Obey lifesavers – leave the water immediately, or move as directed.
- ♣ Swimming at the beach after dark means that you cannot be seen if you are in difficulty.

WATER SAFETY TIPS FOR YOUR LOCAL POOL

SWIMMING POOLS ARE COOL
IF YOU KNOW THE RULES.

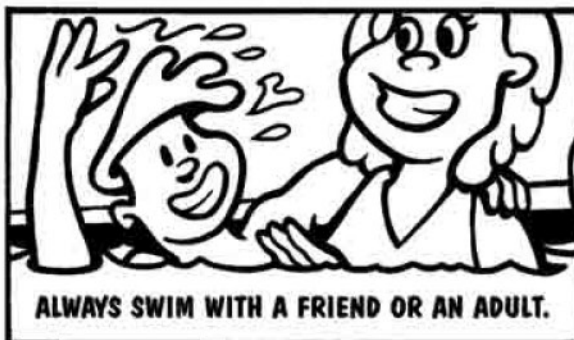


WATER
& SMART



WATER SAFETY TIPS FOR YOUR LOCAL POOL

SWIMMING POOLS ARE COOL
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