



Water Smart Level 4 – Years 5 and 6

Where We Live

Activity Sheet 2 – Home Water Safety Word Search

Name: _____

Find the words listed below hidden in the word search. Then, beginning at the top left-hand corner, place the remaining letters (ignoring the 'Z's), in order, in the space below to reveal an important water safety message.

_____, _____

_____.

F	L	O	A	T	Y	D	A	N	G	E	R	S	O	U
S	U	P	E	R	V	I	S	I	O	N	S	H	O	U
L	D	A	L	W	A	E	Y	F	W	R	E	A	C	H
S	B	E	Z	S	F	M	U	I	O	P	E	E	R	V
G	I	B	S	E	U	P	C	S	R	D	L	B	Y	A
A	A	A	Z	B	N	T	H	H	H	N	E	A	D	U
T	L	T	L	U	T	Y	I	P	T	W	C	M	H	T
E	O	H	W	C	E	N	L	O	N	I	T	A	A	O
N	N	P	A	K	W	S	D	N	W	Z	R	C	D	G
O	E	L	T	E	A	P	R	D	O	N	I	H	U	E
T	O	U	E	T	V	A	E	S	R	R	C	I	L	T
O	A	G	R	S	E	R	N	O	D	U	I	N	T	H
W	N	L	I	G	H	T	N	I	N	G	T	E	Z	E
S	E	C	N	E	F	D	P	L	E	H	Y	S	W	R
A	G	N	I	H	S	A	W	T	A	E	S	T	E	R

- | | |
|-------------|-------------|
| ADULT | HELP |
| ALONE | LIGHTNING |
| BATHPLUG | MACHINES |
| BUCKETS | REACH |
| CHILDREN | SEAT |
| DANGERS | SPA |
| DROWN | SUPERVISION |
| ELECTRICITY | THROW |
| EMPTY | TOGETHER |
| FENCES | TOW |
| FISHPONDS | WASHING |
| FLOAT | WATER |
| FUN | WAVE |
| GATE | |



Activity Sheet 3 – Home Water Safety Crossword

Use the clues, based on the General Water Safety tips and the Water Safety at Home tips, to fill in the crossword.

[illegible]



Water Smart Level 4 – Years 5 and 6

Where We Live

Activity Sheet 3 – Home Water Safety Crossword

Across:

1. Always check the depth and _____ of the water before entering.
5. Empty paddling _____ after use.
7. Pools must be _____ with a self-latching gate.
9. If in trouble, stay _____.
10. Keep the lid of top-loading washing machines _____.
12. If in trouble, wave one _____ for help.
14. Never leave children _____ in the pool.
17. Always check the _____ of the pool before jumping in.
18. Learning to _____ water is an important survival skill.
19. Remove toys from pools and baths after _____ them.
20. _____ can be found in pools, spas, baths and buckets.

Down:

2. Listen to and _____ lifeguards.
3. A rigid cover should be installed over _____.
4. Keep fish ponds and water features _____.
6. Always go _____ with an adult or friend.
8. Keep the bath plug out of reach of small _____.
11. Keep _____-filled buckets out of children's reach.
13. When in trouble, _____ on your back.
15. Always supervise children in _____.
16. Keep the pool _____ locked at all times.



Water Smart Level 4 – Years 5 and 6

Aquatic Environments – Swimming Pools/Aquatic Centres Activity Sheet 4 – Pool Safety Word Scramble

Name: _____

Unscramble the words in the list below. The clues on the next page may help you.

Scrambled Words

1. tudla _____
2. cosedl _____
3. depe _____
4. epthd _____
5. igidvn _____
6. fnece _____
7. tlogafni _____
8. eatg _____
9. phle _____
10. slpa _____
11. sslneos _____
12. alsgiuedr _____
13. ploepe _____
14. chaer _____
15. lersu _____
16. sisgn _____
17. pas _____
18. unospvrsiie _____
19. sweimmsr _____
20. rteaw _____



Water Smart Level 4 – Years 5 and 6

Aquatic Environments – Swimming Pools/Aquatic Centres Activity Sheet 4 – Pool Safety Word Scramble

Clues

1. Always swim with an _____. .
2. The gate should always be _____ .
3. If you cannot swim stay way from the _____ end.
4. Before entering the water, check the _____ and conditions.
5. Check the depth of the water before _____ .
6. A pool should always have a _____ around it.
7. _____ on your back is a good skill to learn.
8. A _____ keeps young children out of the pool.
9. Call for _____ if you are having difficulty in the water.
10. You can swim _____ at the swimming pool.
11. You can learn to swim by having _____ .
12. _____ are there to help you if you get into trouble.
13. Sometimes there can be lots of _____ in the water.
14. If someone is having trouble in the water _____ to rescue.
15. Signs at the pool tell us what the _____ are.
16. Read the _____ before entering the swimming pool.
17. A _____ has lots of bubbles.
18. Children should always be under _____ when swimming.
19. Beware of other _____ when jumping into the water.
20. Heated swimming pools have warm _____ .



Water Smart Level 4 – Years 5 and 6

Aquatic Environments – Swimming Pools/Aquatic Centres Activity Sheet 5 – Risks and Tips for the Pool

Name: _____

People of all age groups use swimming pools and aquatic centres. List some risks and safety tips/rules for each age group in the space provided.

Group	Risks	Safety Tips/Rules
Young Children	<hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/>
Us	<hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/>
Teenagers	<hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/>
Adults	<hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/>



Activity Sheet 6 – Surf Emergency Scenario 1

Name: _____

Read the following emergency situation and answer the questions in the space provided.

A bit further along the beach (outside the flag area) a pre-school aged child is splashing about along the water's edge. Her parents are sitting in a sun shelter, reading newspapers and occasionally glancing up to check on her. They are unaware that the tide is starting to come in. Suddenly, a wave breaks on the shore. The child is knocked over by the wave and dragged out into deeper water. Her parents are unaware of the situation.

- What would you do next?
- What things should happen to avoid the situation from occurring again?

[illegible]



Activity Sheet 6 – Surf Emergency Scenario 2

Read the following emergency situation and answer the questions in the space provided.

You have noticed that there are a lot of people surfing today, but they are further out and seem to be staying away from the swimmers. You are getting tired so you decide to turn around and head back to shore. All of a sudden you see a surfboard heading straight towards you. Before you can swim out of the way, the front end of the surfboard hits your leg. You look down and notice a gash in your thigh. You are in a lot of pain. You try to swim towards the shore, but your leg hurts too much to move.

- What would you do next?
- What things should happen to avoid the situation from occurring again?

[illegible]



Water Smart Level 4 – Years 5 and 6

Aquatic Environments – Beach

Activity Sheet 6 – Surf Emergency Scenario 3

Name: _____

Read the following emergency situation and answer the questions in the space provided.

It is an extremely hot day. As it is school holidays, you have decided to go to the beach with some of your friends. The beach is really busy.

You are in the water with your friends throwing a tennis ball around when you happen to look at your watch and notice that it is about six o'clock. Your parents are expecting you home at six thirty.

A group of tourists have just arrived and they have cans of beer in their hands. You think they might be drunk because a couple of them stumble and fall on the sand as they walk along the beach. Some of them head into the water and swim over to where you are throwing the ball around.

You let them join in with your game. Everything is fine until one of them decides to throw the ball a long way and into much deeper water. You start to swim for the ball and one of the tourists decides to race you for it. On the way to get the ball the tourist starts to cramp and is having trouble keeping above the water. He is yelling out, but doesn't speak English. You think he may be saying help.

- What would you do next?
- What things should happen to avoid the situation from occurring again?



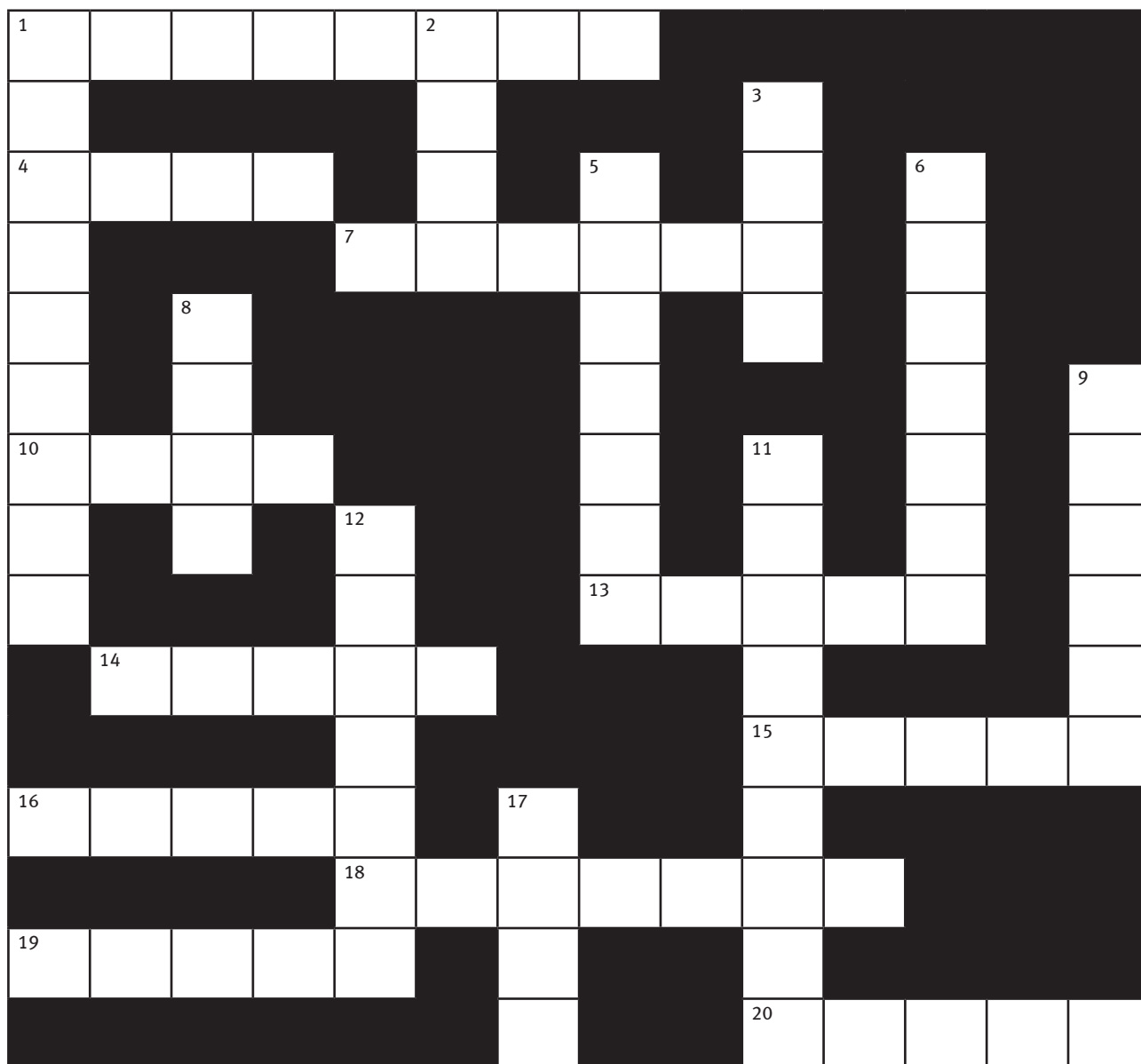
Water Smart Level 4 – Years 5 and 6

Aquatic Environments – Rivers, Lakes and Dams

Activity Sheet 7 – Aquatic Environments Crossword

Name: _____

Use the clues, based on the water safety tips to fill in the crossword.





Water Safety Tips

General Water Safety Tips

Wherever there is water these rules apply.

- Know the Aquacode – Go Together, Stay Afloat and Wave, Reach to Rescue.
- Always swim with a friend or adult.
- To reach and rescue, lie down and stretch out. Use sticks, poles, clothing or branches to extend your reach. If you can't reach, throw something that floats.
- If in trouble in the water:
 - stay calm
 - float on your back
 - wave one arm for help
 - while waiting for help, float, tread water or swim slowly.
- Listen to and obey lifeguards.
- Obey all signs giving advice to swimmers.
- Always check the depth and conditions of the water before entering.
- Learn about water conditions, such as rips, currents and undertows, before swimming.



Water Safety Tips

Home – Key Safety Tips

- Supervision by an adult at all times when in and around water (pools, spas, baths, buckets, dams, water tanks, troughs and irrigation channels).
- Pools must be fenced with a self-latching gate.
- Remove toys from swimming pools and baths after use because young children are attracted by them.
- Keep fish ponds and water features covered.
- A rigid cover should be installed over spas.
- Empty paddling pools immediately after use.
- Keep liquid-filled buckets out of reach of children.
- Never leave children alone in the bath.
- Keep the bath plug out of reach of small children.
- Keep top-loading washing machines closed.



Water Safety Tips

Rivers and Lakes – Key Safety Tips

- ♣ Always swim with an adult – never swim alone.
- ♣ Read and obey notices and signs before entering the water.
- ♣ Be careful not to stand on overhanging banks.
- ♣ Beware of slippery banks – do not walk close to, or run along the edge of, them.
- ♣ Before entering the water – check its depth, the presence and strength of currents and look for any submerged objects.
- ♣ Enter cold water slowly.
- ♣ Diving is dangerous: conditions can change, hazards such as snags, rocks, sandbanks and weeds may exist and water depth may vary.
- ♣ Avoid swimming near boat ramps or in boating areas.
- ♣ Beware of boats and other water craft using the waterway.
- ♣ If caught in a fast-flowing river, rapids, or a stormwater drain, try to float feet first in a half sitting position.
- ♣ If trapped in quicksand or deep mud, spread the body's weight by lying flat on the surface, and move using slow arm and leg actions.



Water Safety Tips

Boating – Key Safety Tips

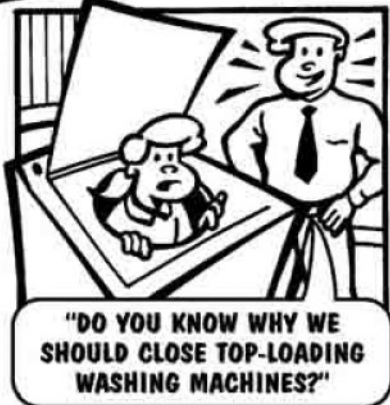
- Everyone on board a boat must wear a Personal Flotation Device (PFD).
- Never go boating alone.
- Always let someone know where you are going and what time you will return.
- Make sure your boat has emergency equipment (first aid kit, radio, flares etc.).
- Know the limitations of the boat and do not overload it.
- Follow the boat traffic rules.
- Check weather conditions, and continue to monitor weather reports.
- Wear and take appropriate clothes, to allow for possible changes in the weather.
- Keep the boat away from swimming areas, weirs, rocks and other craft.
- Stow all gear safely.
- Do not mix boating and drinking alcohol.
- When entering or leaving a small boat, keep your weight low and centred.
- Keep a lookout for the warning signs of bad weather, such as clouds building up, wind speed increasing, waves becoming bigger.
- Learn and practise capsize and person overboard drills.

WATER SAFETY TIPS FOR AROUND THE HOUSE

Keep it safe at your house. Don't let your home become a hazard house.

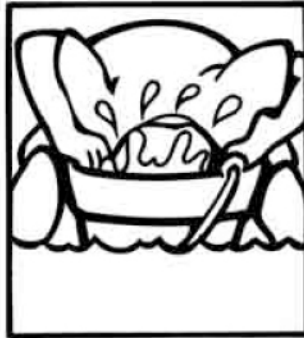


- ALWAYS SUPERVISE KIDS IN OR AROUND A POOL.
- TOYS LEFT IN THE POOL ATTRACT KIDS.
- DON'T FORGET TO SHUT THE POOL GATE.



WATER SAFETY TIPS FOR AROUND THE HOUSE

Keep it safe at your house. Don't let your home become a hazard house.



WATER
SMART

WATER SAFETY TIPS FOR YOUR LOCAL POOL

SWIMMING POOLS ARE COOL
IF YOU KNOW THE RULES.

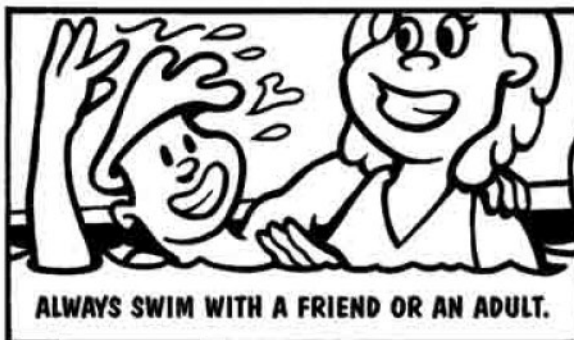


MAKE SURE THE WATER IS CLEAR OF SWIMMERS
BEFORE YOU JUMP IN, SO REMEMBER YOU ARE NOT ALONE.



DON'T RUN!

CAREFUL - WET
CONCRETE IS VERY
SLIPPERY.
IF YOU RUN AROUND
THE POOL EDGE YOU
COULD EASILY FALL
AND HURT YOURSELF
OR SOMEONE ELSE
VERY BADLY.



SLIP ON A SHIRT, SLOP ON SUNSCREEN AND SLAP ON A HAT.
THIS WILL LOWER YOUR CHANCES OF GETTING SKIN CANCER.



WATER
& SMART



WATER SAFETY TIPS FOR YOUR LOCAL POOL

SWIMMING POOLS ARE COOL
IF YOU KNOW THE RULES.

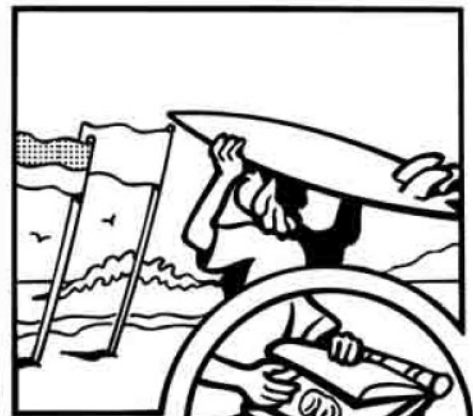
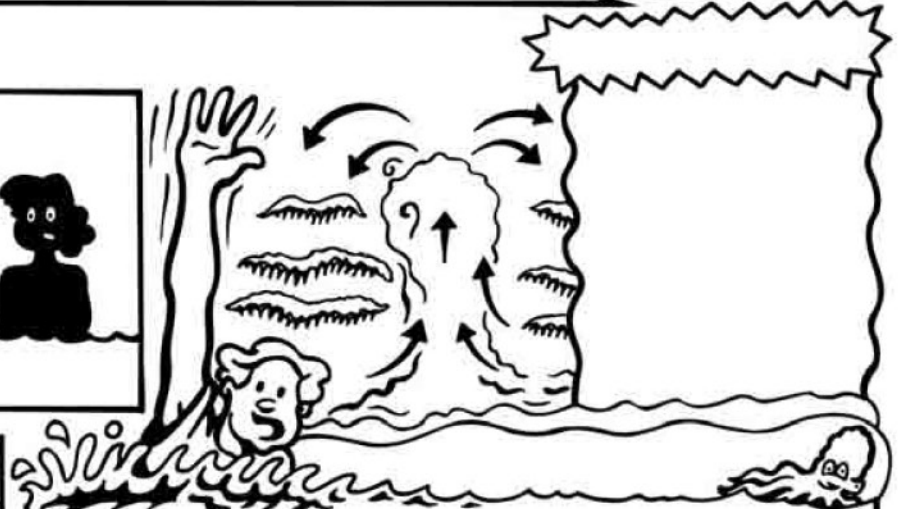
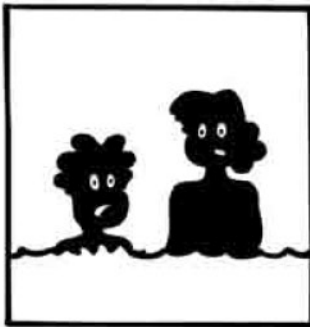
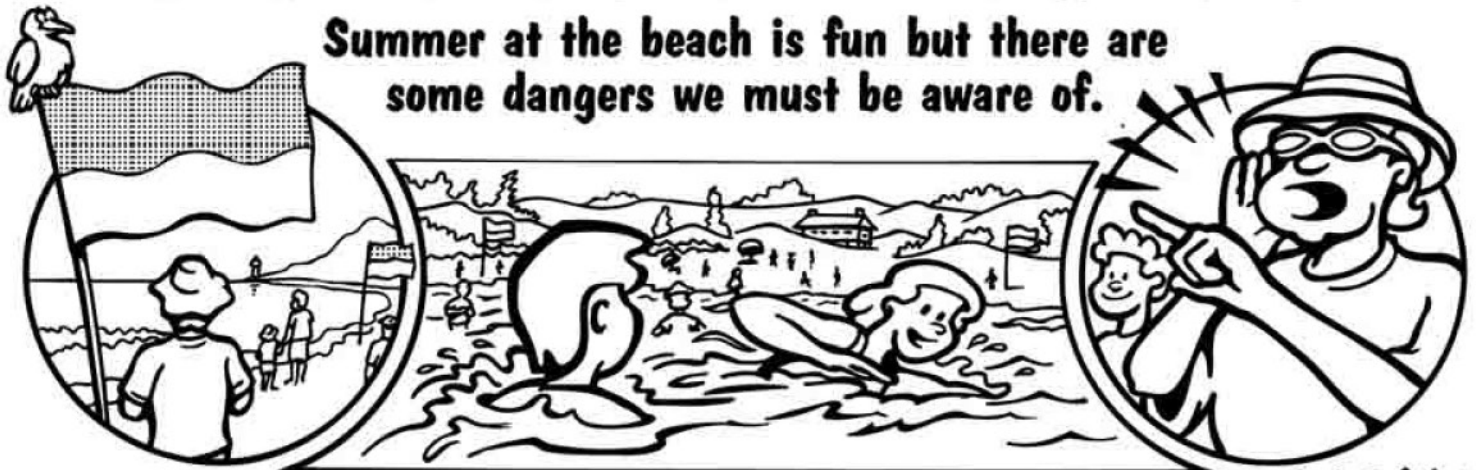


WATER
& SMART



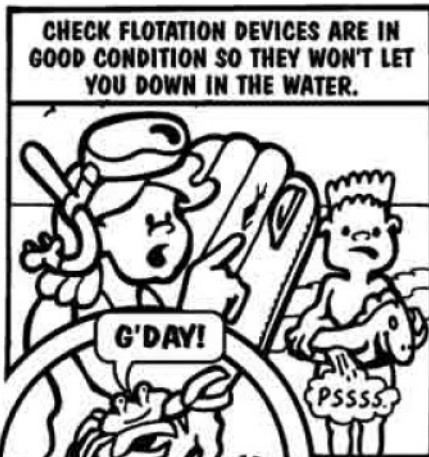
WATER SAFETY TIPS FOR THE BEACH

Summer at the beach is fun but there are some dangers we must be aware of.



WATER SAFETY TIPS FOR THE BEACH

Summer at the beach is fun but there are some dangers we must be aware of.



WATER SMART

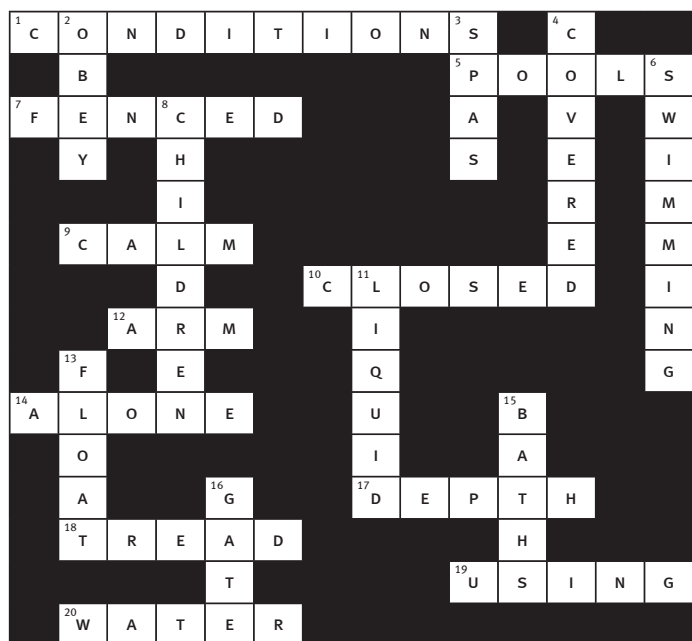


Water Smart Level 4 – Years 5 and 6

Solutions

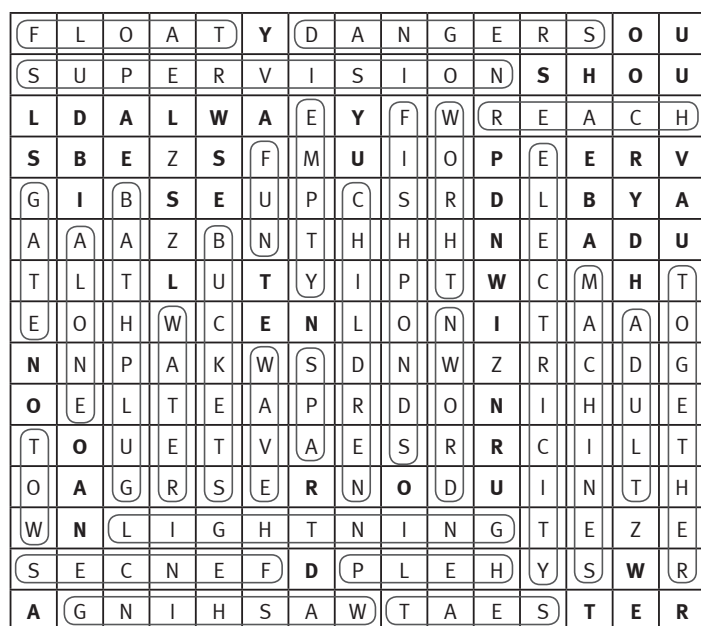
Where We Live

Activity Sheet 3 – Home Water Safety Crossword



Where We Live

Activity Sheet 2 – Home Water Safety Word Search



Answer: You should always be supervised by an adult when in, on or around water.

Aquatic Environments – Swimming Pools/ Aquatic Centres

Activity Sheet 4 – Pool Safety Word Scramble

- | | |
|-------------|-----------------|
| 1. adult | 11. lessons |
| 2. closed | 12. lifeguards |
| 3. deep | 13. people |
| 4. depth | 14. reach |
| 5. diving | 15. rules |
| 6. fence | 16. signs |
| 7. floating | 17. spa |
| 8. gate | 18. supervision |
| 9. help | 19. swimmers |
| 10. laps | 20. water |

Aquatic Environments – Rivers, Lakes and Dams

Activity Sheet 7 – Aquatic Environments Crossword

