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| --- | --- |
| This form is designed to be used in conjunction with a Continence Care Plan to document an agreed approach to learning and care.This information is confidential and will be available only to relevant staff and emergency medical personnel. |  |
| Name of child/young person: |  | DOB: |  |
| Allergies: |  | Review date: |  |
| Education or care service: |  |
| Contact staff member: |  |  |
| **Tasks for care and learning** | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** |
| **Self-catheterisation** |
| Prepares equipment  | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Removes necessary clothing | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Gets on / transfers to toilet | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Disposes of old pad | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Wipes / cleans skin | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Puts catheter in urethra | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Assists drainage (ie lean forward / cough) | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Removes catheter | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Places catheter in container | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Adheres new pad to underwear | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Gets off toilet | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Replaces clothing  | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |

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| --- | --- | --- | --- | --- | --- |
| **Tasks for care and learning** | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** |
| **Self-catheterisation (cont.)** |
| Washes catheter | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Stores equipment | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| **Handwashing** |
| Remembers  | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Uses soap | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Uses taps | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Washes hands adequately | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Dries hands on towel or hand drier | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| **Terminology preference** | **Personal kit contents** *(if required)* details/further information |
| Penis |       | **[ ]**  | Flannels / wipes |       |
| Urethra |       | **[ ]**  | Gloves |       |
| Insert |       | **[ ]**  | Pads |       |
| Urine |       | **[ ]**  | Underwear |       |
| Vagina |       | **[ ]**  | Spare clothes |       |
|  |  | **[ ]**  | Lubricant |       |
| **Other issues** | **Action required** |
|       |       |
|       |       |
|       |       |