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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| This form is designed to be used in conjunction with a Continence Care Plan to document an agreed approach to learning and care.  This information is confidential and will be available only to relevant staff and emergency medical personnel. | | | | | | | |  |
| Name of child/young person: |  | | | | | DOB: |  |
| Allergies: |  | | | | | Review date: |  |
| Education or care service: |  | | | | | | |
| Contact staff member: |  | | | | | | |  |
| **Tasks for care and learning** | | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** | | | |
| **Self-catheterisation** | | | | | | | | | |
| Prepares equipment | |  |  |  |  |  | | | |
| Removes necessary clothing | |  |  |  |  |  | | | |
| Gets on / transfers to toilet | |  |  |  |  |  | | | |
| Disposes of old pad | |  |  |  |  |  | | | |
| Wipes / cleans skin | |  |  |  |  |  | | | |
| Puts catheter in urethra | |  |  |  |  |  | | | |
| Assists drainage (ie lean forward / cough) | |  |  |  |  |  | | | |
| Removes catheter | |  |  |  |  |  | | | |
| Places catheter in container | |  |  |  |  |  | | | |
| Adheres new pad to underwear | |  |  |  |  |  | | | |
| Gets off toilet | |  |  |  |  |  | | | |
| Replaces clothing | |  |  |  |  |  | | | |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Tasks for care and learning** | | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** | |
| **Self-catheterisation (cont.)** | | | | | | | |
| Washes catheter | |  |  |  |  |  | |
| Stores equipment | |  |  |  |  |  | |
| **Handwashing** | | | | | | | |
| Remembers | |  |  |  |  |  | |
| Uses soap | |  |  |  |  |  | |
| Uses taps | |  |  |  |  |  | |
| Washes hands adequately | |  |  |  |  |  | |
| Dries hands on towel or hand drier | |  |  |  |  |  | |
| **Terminology preference** | | **Personal kit contents** *(if required)* details/further information | | | | | |
| Penis |  |  | Flannels / wipes | | | |  |
| Urethra |  |  | Gloves | | | |  |
| Insert |  |  | Pads | | | |  |
| Urine |  |  | Underwear | | | |  |
| Vagina |  |  | Spare clothes | | | |  |
|  |  |  | Lubricant | | | |  |
| **Other issues** | | **Action required** | | | | | |
|  | |  | | | | | |
|  | |  | | | | | |
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