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| This form is designed to be used in conjunction with a Continence Care Plan to document an agreed approach to learning and care, however can be used as a standalone for to support children and young people with toileting needs. This form must be developed in consultation with parent/guardians, and where possible the child or young person.This information is confidential and will be available only to relevant staff and emergency medical personnel. |
| Name of child/young person: |  | DOB: |  |
| Allergies: |  | Review date: |  |
| Education or care service: |  |
| Contact staff member: |  |  |

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| --- | --- | --- | --- | --- | --- |
| **Tasks for care and learning** | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** |
| **Awareness** |
| Knows when toilet is needed | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Indicates when toilet is needed | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Needs to be asked or reminded | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Needs timing | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Needs to be reminded to go to the toilet at set times | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Needs to be taken to the toilet at set times | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Clothing needs to be changed | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| **Accessing toilet** |
| Indicate which toilet(s) will be used:       |
| Goes unaccompanied | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |

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| **Tasks for care and learning** | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** |
| **Toileting** |
| Locks / shuts cubicle door | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Pulls down pants | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Gets on toilet | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Urinates | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Empties bowl | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Sits for nominated time | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Wipes using paper | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Gets off toilet | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Knows when wet / soiled | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Knows that pad needs to be changed | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Removes set or soiled clothing | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Cleans skin | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Puts on clean clothing (if required) | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Finishes getting dresses | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| **Handwashing** |
| Remembers  | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Uses soap | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Uses taps | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Washes hands adequately | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| Dries hands on towel or hand drier | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |

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| **Tasks for care and learning** | Independent | Learning at home | Learning at school | Dependent | **Comments/further information** |
| **Other tasks** |
|       | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
|       | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
|       | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
|       | **[ ]**  | **[ ]**  | **[ ]**  | **[ ]**  |       |
| **Terminology preference** | **Personal kit contents** *(if required)* details/further information |
| Urine |       | **[ ]**  | Flannels / wipes  |       |
| Faeces |       | **[ ]**  | Disposable cloths |       |
| Urethra |       | **[ ]**  | Soap (optional) |       |
| Bladder |       | **[ ]**  | Towel (optional) |       |
| Vagina |       | **[ ]**  | Continence pad |       |
| Penis |       | **[ ]**  | Spare underwear |       |
| Anus |       | **[ ]**  | Spare clothing |       |
| Bowel |       | **[ ]**  | Plastic bag (for soiled clothing) |       |
| Pad |       | **[ ]**  |       |       |
| **Other issues** | **Action required** |
|       |       |
|       |       |
|       |       |
|       |       |