School Sport SA triathlon

2023 results report

Championship details

Date: Tuesday 5 December

Venue: West Lakes Aquatic Reserve **Convenors:** Jared King, School Sport SA

Key official/s:

School Sport SA Staff – Matthew Campbell, Daniel Hornhardt, Jared King, David Murray, Marni Nicholls, Andrew Gormlie, Daniel Rankine, Wade Hall.

School Sport SA TRTs – Brian Jackson, Kevin Gruhl, Emily King.

Volunteers – Saraya Mercer, Ken Wagnitz, John King, Isabelle King, Matilda Jewell, Ruby Murray, Polly Turner, Maddison King, Tilly Margitich, Michala Luppino, Ben Swan, Jack Pietsch, Jemima Lloyd, Lily Holmes School staff – Larissa Svanbaeck (North Adelaide Primary School), Dave Gomer (Roma Mitchell Secondary College), Danielle Walsh (Playford International College), Nick Gargula (TRT).

Participants

- 82 Individual competitors (52 boys, 30 girls)
- 159 teams competitors (53 teams 3 members per team 35 boys, 13 girls and 5 mixed)
- 35 schools

Acknowledgements

- Triathlon SA and Triathlon Australia.
- Technical Officials and Race Referee Peter Shortman and Nick Braithwaite.
- David Forrest and Grange Surf Life Saving Club for water coverage and water quality assessment.
- CMI Toyota for sponsoring the event through use of a Toyota Hilux SR5.
- C&G Fresh Fruit for the bananas
- Malcolm Robertson from Event Strategies for timing the event.
- Charles Sturt Council for use of the venue.
- Paddle SA and David Heard
- Resident organisations:, West Lakes Canoe Club and Dragonboat SA for use of facilities and support for the event.





Sam White trophy

For the overall most successful school across all categories.

- 1. Sacred Heart College 41 points
- 2. St Michael's College 36 points
- 3. St John's Grammar School 27 points
- =4. Nazareth Catholic College 20 points
- =4. Cornerstone College 20 points
- 6. St Peter's Girls College 17 points



State trial medalists

Senior girls

- 1. Alice Braithwaite, St Peter's Girls
- 2. Daisy Braithwaite, St Peter's Girls

Intermediate girls

- 1. Isabel Cranage, Tatachilla Luth
- 3. Jess Burton, St Michael's Coll

Junior girls

- 1. Jessica Osborn, Sacred Heart Coll
- 2. Adelle Parkinson-Need, Westminster 2. Grace Ellis, Willunga Waldorf Sch
 - 3. Milla Buche, Adelaide Botanic HS



Senior boys

- 1. Oscar Pietsch, Nazareth CC
- 2. Brayden McKenzie, Henley HS



Intermediate boys

- 1. Louis Pietsch, Nazareth CC
- 2. Jarred Lawrie, Loxton HS
- 3. Connor Brink, Aust Science & Math 3. Archie Braithwaite, St Peter's

Junior boys

- 1. Rylan Henke, Christian Brothers 2. Thomas Wallett, St Peter's Coll
 - 3. Hudson Tuckfield, St Michael's Coll







Come and try medalists

Senior girls

1. Mia Muller, Riverton District HS



Senior boys

- 1. Jonathan Nguyen, Saint Ignatius
- 2. Connor Branson, Riverton District



Intermediate girls

- 1. Maeve Nicholas, St Michael's
- 2. Sanur McMahon, St Michael's
- 3. Allyssa Smith, St John's GS



Intermediate boys

- 1. Emmanuel Lentakis, Pembroke 1. Jobe Bevan, Sacred Heart Coll
- 2. Thomas Landrigan, Cardijn Coll
- 3. Caleb Hyland, Cardijn Coll



Junior girls

- 1. Aleshia Placanica, Kildare Coll
- 2. Emilija Visockis, Sacred Heart Coll
- 3. Amani Ernst, Immanuel Coll



Junior boys

- 2. Cooper Newman, Cornerstone Coll
- 3. Henry Hughes, Adelaide Botanic





Team medalists

Senior boys

- 1. Henley High School Jake Rooney, Brayden McKenzie, Jake Hall
- 2. Saint Ignatius College
 Joseph Mzur, Jonathan Nguyen, Tom Kavanagh
- 3. St John's Grammar School Kieran Collings, Tom Williams, Brodie Ralph



Senior mixed

No teams competing

Senior girls

- St Peter's Girls School
 Alice Braithwaite, Daisy Braithwaite, Ava Field
- 2. Saint Ignatius College
 Juliet Mazur, Lily Burgess, Sarah Higgins
- 3. St John's Grammar School Lexie Zhao, Allyssa Smith, Nicole Hobbs



Intermediate boys

- 1. Rostrevor College Ben Maher, Liam Underwood, Kalan Marzullo
- 2. Nazareth Catholic College Ashton Gogler, Louis Pietsch, Laurence Andriani
- 3. Unley High School Evan Bai, Miles Latty, Taylor Ho





Intermediate girls

- 1. St Michael's College Sanur McMahon, Maeve Nicholas, Ciara O'Reilly
- Cornerstone College 1Kayla Mann, Issy Smith, Breanna Luxon
- 3. Cornerstone College 2
 Alice Marshall, Adele Parkyn, Amelie Hotker

Intermediate mixed

- 1. Sacred Heart College Emilija Viscockis, Levi Liddle, Alexis Thiele
- Sacred Heart College 2 Cooper Newbold, Austin Chilcott, Ava Kelsh





Junior boys

- 1. St Michael's College Harrison Robb, Hudson Tuckfield, Hugo Costa
- 2. St John's Grammar School Joshua Collings, Archie Winter, Damian Draganic
- 3. Rostrevor College Samuel Cree, Ryan Underwood, Zachary Seret

Junior girls

- 1. Walford Anglican School OB, AD, EW
- 2. Immanuel College Sutton Miller, Jess Helmling, Adelaide Boulton
- 3. Westminster School Sophia Hallam, Sahra May, Saskia Moyle





Junior mixed

- Cornerstone College
 Elizabeth Hammond, Edwin Hawthorn, Harry Gould
- 2. Sacred Heart College
 Jessica Osborn, Fletcher Langeluddecke, Jobe Bevan
- 3. Renmark High School
 Sarah White, Harry Lessue, Morgan Goodman



