

# School Sport SA volleyball

## Statewide schools

### Rules of the competition

Updated August 2025

These competitions shall be played under the Official Rules of Volleyball as issued by the International Volleyball Federation (FIVB) or adopted by the Australian Volleyball Federation except where herein stated.

#### Ball

The official ball of the AVF is now the MIKASA V200W. Different balls can be used if agreed upon by competing teams.

#### Duration of matches

The duration of the matches will be determined according to the time available per match and number of matches per team on the day. Matches may have time limits in addition to the maximum number of sets to ensure timely completion of the competition. The event convenor/competing teams must come to an agreement on match length prior to the competition.

#### Scoring of matches

- Best of 3/5 sets using the rally point system. Sets are usually to 25 points with the final set being to 15 points, each with a minimum lead of 2 points,
- In timed matches:
  - teams finish playing a point if it has commenced prior to the time running out. No further points shall be played,
  - Incomplete matches will be determined by completed sets first,
  - If a team scores 15 points or more and has at least a two point advantage when time is called - this will count as a set,
  - If completed sets are equal, a count back on all points (including incomplete sets) shall determine the winner of the match,
  - In rare situations where teams are equal on both sets and points and drawn games are not acceptable (eg. time constraints on finals days), the teams are to continue playing until one of the teams reaches a 2-point lead.

#### Time outs

In timed matches no timeouts are permitted in the last 5 minutes.

#### Late penalties

In timed games, teams more than 5 minutes late to be on court, in position, ready to start their game, can be penalised 1 point for every minute late, once the Convenor/Teacher-in-charge has been made aware and in the absence of unavoidable cause and notification.



## Net heights

Gender and division	Year 6	Year 7/8	Year 9/10	Year 11/12
Girls div 2	-	2.10m (2 holes)	2.15m	2.15m
Girls div 1	2.0m	2.10m	2.15m	2.24m
Boys div 2	-	2.15m (3 holes)	2.24m	2.35m
Boys div 1	2.0m	2.24m (4 holes)	2.35m (5 holes)	2.43m (6 holes)

## Minor Round format options

Please consider the following possible format options when a minor round group is not organised by School Sport SA. The format of the minor rounds must be mutually agreed upon by competing schools. Match ups of more than five teams will generally be organised by School Sport SA.

### Time per match and set structure

Below is the guideline for set structure based on the time available for each match.

Time available per match	<25mins	25-39mins	40-50mins	>50mins
Set structure	Continuous set	3 sets to 15 points	3 sets	5 sets

### Three team match ups

Best of 5 sets (5<sup>th</sup> to 15) with 80min time limit, whichever comes first. 10min between games.

Round	Time	Teams
Round 1	10:00am	1 v 2
Round 2	11:30am	2 v 3
Round 3	1:00pm	1 v 3

Home team to be team no. 1 and the team with the most distance to travel given the choice. Bye team to do refereeing duty.

### Four team match ups

Best of 5 sets (5<sup>th</sup> to 15) with 80min time limit, whichever comes first. 10min between games.

Round	Time	Court 1	Court 2
Round 1	10:00am	1 v 2	3 v 4
Round 2	11:30am	3 v 1	2 v 4
Round 3	1:00pm	1 v 4	2 v 3

Teams are responsible for refereeing their own matches.

### Five team match ups

Best of 3 sets (3<sup>rd</sup> to 15) with 50min time limit, whichever comes first. 5min between games.

Round	Time	Court 1	Court 2
Round 1	10:00am	1 v 4	2 v 3
Round 2	10:55am	3 v 1	4 v 5
Round 3	11:50pm	5 v 3	1 v 2
Round 4	12:45pm	2 v 5	3 v 4
Round 5	1:40pm	4 v 2	5 v 1

## 7 to 12 only

### Libero

- One libero player may be identified per set. The player can be identified by a different coloured uniform or by a coloured bib worn over the playing shirt. A different player could be nominated as libero in each set.
- If the game captain is re-designated as the libero during the course of the match, an on-court captain must be nominated by the coach.

### Substitution rule

A team shall be allowed a maximum of twelve (12) substitutions in any one set. Players starting a set may be replaced by a substitute and may subsequently re-enter the set twice. Each substitute may enter the set three times. A player shall not enter the set for a fourth time (starting shall count as an entry). Players re-entering the set must assume the original position in the service order in relation to other team mates. No change may be made in a player's position in the service order unless necessitated by an injury requiring an abnormal substitution. Any number of players may enter the set in each position in the service order.

Note: In Division 2 competitions, schools may negotiate to use the 'rotate to serve' method for substitutions or allow unlimited substitutions. This must be agreed before the competition begins.

## Year 6 only

### Kicking

Players are not permitted to kick the ball.

### Service

Players are permitted to serve from a line inside the End Line (approx. 1-2m depending on the lines on the court and level of players).

After 3 successful serves a team will rotate but will retain the serve. Teams earn the right to serve by winning the rally.

### Rotating Substitutions

Rotating substitutions occur after a team wins the serve.