

School Sport SA track and field Sapsasa state championships

Dates and venue

Country day: Monday 20 May

Metropolitan day: Tuesday 21 May

SA Athletics Stadium

145 Railway Terrace, Mile End South SA 5031

General information and qualifying process

Trials are conducted in each Sapsasa district to select a representative track and field team to compete at the state championship. District convenors will provide more detailed information such as district carnival dates and venues. Each District will identify a coordinator who will organise the team for the state championship and provide students selected in the district representative team with specific information about the event.

Entry fee

\$5.00 each for spectators to be paid at the gate.

District Team Officials will collect all competitors' entry fees (\$5 per competitor) and Districts will be invoiced after the event for the number of competitors plus gst.

Each family will receive one Program Book.

Competitor information

All competitors should be at the venue before 9.00am. Upon arriving it is important that each competitor reports to their allocated area and check in with the district manager/coach. The estimated finishing time is by 3.30pm. Managers/coaches are strongly encouraged to prepare a large district sign that will be clearly visible to assist team members when they arrive at the venue.

Notification to selected competitors

All students who are selected to compete in these championships must be notified in writing of the following details:

1. The name of the district and the contact details for the team coordinator
2. Championship details such as venue, including meeting place, date, times, entry fee & any transport arrangements. A copy of the suggested program should be provided
3. Team uniform with district name

Volunteers

All districts will be required to supply volunteers to assist with events

School Sport Australia (interstate program)

School Sport SA will be selecting a 12 and under track and field team (including multiclass athletes) to compete at the School Sport Australia Championship. Selection will be based on performances at the primary state championships. An information sheet will be given to the medallists at the School Sport SA primary championships. Medal winners wishing to be selected in the team need to nominate on-line immediately after the event. Refer to the Interstate section for specific details of the SSA event.



Events

10 year girls and boys (born 2009)

100m sprint

200m sprint

800m (qualifying times to be used as a guide for district team selection: girls 3.30min and boys 3.15min)*

High Jump (starting height: girls 1.05m and boys 1.10m)

Long Jump

Shot Put 2kg.

Discus 500g.

Relay 4 x 100m

11 year girls and boys (born 2008)

100m sprint

200m sprint

800m (qualifying times to be used as a guide for district team selection: girls 3.12min and boys 2.57min)*

High Jump (starting height: girls 1.10m and boys 1.15m)

Long Jump

Shot Put 2kg.

Discus 750g

Relay 4 x 100m

12 year girls and boys (born 2007)

100m sprint

200m sprint

800m (qualifying times to be used as a guide for district team selection: girls 3.08min and boys 2.54 min)*

High Jump (starting height: girls 1.20m and boys 1.25m)

Long Jump

Shot Put 3kg

Discus 750g

Relay 4 x 100m

13 years and older girls and boys (born 2006 or earlier if attending a primary school)

100m sprint

200m sprint

800m (qualifying times to be used as a guide for district team selection: girls 3.06min and boys 2.49min)*

High Jump (starting height: girls 1.20m and boys 1.25m)

Long Jump

Discus 750 g

Shot Put 3kg

Relay 4 x 100m

*800m qualification guideline is based on the average time for 8th place over the 7 year period plus 15% for 10y.o. and 10% for 11, 12 and 13y.o (all times rounded to the nearest second).

These are to be used as a guide for district team selection

1500m event for boys and girls born in 2009, 2008 and 2007

This year and for the foreseeable future the 1500m has been included in the School Sport Australia championship. Therefore we will be running a 1500m event as part of the Sapsasa track and field, the details are:

Age Groups: 10 year old (born in 2009), 11 year old (born in 2008) and 12 year old (born in 2007)

Competitors per district: 1 per age group per gender (no wild cards), this is an additional event and does not count towards an athletes maximum of 3 events.

Nominations: To be included on the nominations excel document (same as all other events)

Venue: Athletics SA stadium

Date: Sunday 19 May

Time: 1:30pm registration and first event at 2:00pm

Please note there is no multiclass or 13 (or above) year old event as there is no equivalent event at the School Sport Australia Championship

10 – 13 years multiclass athletes girls and boys (born 2009 – 2006 or earlier if still attending a primary school)

100m sprint

200m sprint

800m

Long Jump

Discus

Shot Put

For specific details of multiclass events please refer to the specific Multiclass Information Package.

Further information

For more information on the track and field championships, please see the sport specific section on the website or contact the School Sport Team on 8416 5900 or [email](#)