

School Sport SA secondary track and field

Program, rules and specifications

2019 dates and grades

Date	Grade
Thursday 4 April	F1 and F2
Friday 5 April	E1 and E2
Monday 8 April	D1 and D2 including multiclass students with disabilities
Tuesday 9 April	C1 and C2
Wednesday 10 April	B1 and B2
Thursday 11 April	A1 and A2

Important information

1. First event starts at 9.45am.
2. Cost to spectators (competitors and school staff exempted) is \$6.00 - adults and \$4.50 children/concession payable on entry.
3. First aid/injuries: If a student is injured and is treated by the provided sports trainer, the decision as to whether or not they are fit to compete again rests with the sports trainer (given that they are suitably qualified and have the expertise to make such an assessment). Schools are advised to provide first aid kits to take the first steps in the management of injuries. Sports trainers will not provide massages.
4. Schools do not need to supply any equipment for the events they are officiating at. At sprints starting blocks are provided. At the long and triple jumps tape measures will be provided to measure run ups.
5. Championship organiser – David Philips (School Sport SA).
6. Championship convenor – Trevor Wiseman (School Sport SA).

Events and times at a glance

Field events

	High jump		Long jump		Triple jump		Pole vault (A grade)	Javelin		Discus		Shot put	
	SW	SE	SW	NW	SE	NE	N	NW	OUT	SE	NE	Out 1	Out 2
14 girls		9.45		10.45		12.15			11.30		10.45		9.45
15 girls		12.15	9.45			11.30			9.45		12.15	13.00	
16 girls		11.30	13.00		9.45				10.45	13.00		9.45	
Open girls		10.45		12.15	13.00		10.15	12.15			9.45		11.30
14 boys	11.30		12.15		10.45			9.45			11.30		12.15
15 boys	9.45			11.30	12.15		10.15		13.00	12.15		11.30	
16 boys	10.45			9.45		13.00		11.30		9.45		12.15	
Open boys	12.15		10.45			9.45	10.15	10.45		11.30			13.00



Track events

	100	200	400	800	1500	3000	Hurdles	Steeplechase	Relay
	North west	North east	South west	South west	South east	North east	North west	1000 NE 2000 SW	South west
14 girls	10.49	12.50	11.52	13.06	11.19		10.21		13.38
15 girls	10.43	12.58	12.02	13.14	10.47		10.11		
16 girls	11.38	10.30	12.28	10.55			10.07		
Open girls	11.46	10.27	12.38	10.59	12.14	9.45	9.57	13.23	
14 boys	10.46	12.54	11.57	13.10	11.26		10.15		
15 boys	10.40	13.02	12.07	13.18	11.12		10.01		
16 boys	11.34	10.36	12.33	11.03			9.51		
Open boys	11.42	10.33	12.43	11.07	12.21	10.00	9.45	13.29	

Standard of excellence

This standard of excellence certificate is awarded to the top 5% of competitors in each event over the 6 days of competition.

Field events

Age	High jump	Long jump	Triple jump	Pole Vault	Javelin	Shot put	Discus
U14 boys	1.65	5.20	10.70		34.50	12.70	31.00
U15 boys	1.72	5.50	11.60	2.60	37.50	12.00	37.00
U16 boys	1.80	5.80	12.00		40.00	13.00	40.00
Open boys	1.85	6.00	12.20	3.20	43.50	13.00	35.00
U14 girls	1.45	4.50	9.70		25.00	9.30	23.00
U15 girls	1.50	4.55	9.90		28.00	9.50	25.00
U16 girls	1.50	4.60	10.00		32.00	9.70	27.00
Open girls	1.55	4.75	10.00	2.30	30.00	9.10	29.00

Track events

Age	100m	200m	400m	800m	1500m	3000m	Hurdles	Steeplechase	Relay
U14 boys	12.5	25.5	59.0	2:20.0	4:51.0		14.6		51.5
U15 boys	12.1	25.0	56.5	2:17.0	4:40.0		15.5		49.5
U16 boys	11.9	24.2	55.0	2:12.0			15.5		48.0
Open boys	11.5	23.4	53.5	2:07.0	4:26.0	9:40.0	16.6	7:10.0	46.5
U14 girls	13.6	28.5	65.0	2:41.0	5:31.0		14.6		56.0
U15 girls	13.6	28.0	64.5	2:36.0	5:20.0		15.2		54.5
U16 girls	13.5	27.6	64.0	2:31.0			15.1		54.0
Open girls	13.4	27.5	63.5	2:30.0	5:19.0	11:30.0	17.0	3:40.0	54.0

Multiclass students with disabilities competition

Individual programs will be developed once all nominations have been received. Students are to nominate the events they wish to participate in to a maximum of 4 events and they will be allocated to events that are programmed. Each student will be sent a copy of the program prior to the day via the email address on the nomination form.

Multiclass students with disabilities eligibility

1. All students with disabilities must obtain a classification if they wish to compete in the multiclass students with disabilities championships.
2. Classification is a term used frequently when referring to competitive sport for students with disabilities. Classification exists in sport to support as fair competition as possible amongst athletes with different disabilities. By grouping athletes with similar levels of functional ability into classes for competition, the outcomes of the competition become based on athletic performance rather than on differences that exist in their disabilities.
3. Classification has five categories
4. If students do not fall into one of the categories, they may not be able to be classified. If students cannot be classified, they are ineligible to compete as an athlete with a disability at a state or national competition and therefore must compete with the able-bodied athletes.
5. Classification is coordinated by the Australian Paralympic Committee and must be organised 30 days prior to the closing date for nominations. Please contact Athletics SA to arrange a classification assessment.

2019 specifications

Hurdles

Age Group	Distance	Height of hurdles	Distance to first hurdle	Distance between hurdles	Distance to finish
Open boys	110m	91.4cm	13.72m	9.14m	14.02m
U16 boys	100m	84cm	13m	8.5m	10.5m
U15 boys	100m	76.2cm	13m	8.5m	10.5m
U14 boys	90m	76.2cm	13m	8m	13m
Open girls	100m	76.2cm	13m	8.5m	10.5m
U16 girls	90m	76.2cm	13m	8m	13m
U15 girls	90m	76.2cm	13m	8m	13m
U14 girls	80m	76.2cm	12m	7m	12m

Steeplechase

Age group	Distance	Barrier heights
Open boys	2000m	91.4cm
Open girls	1000m	76.2cm

Implement weights

Age Group	Shot Put	Discus	Javelin
Open boys	5kg	1.5kg	800g
U16 boys	4kg	1kg	700g
U15 boys	4kg	1kg	700g
U14 boys	3kg	1kg	600g
Open girls	4kg	1kg	600g
U16 girls	3kg	1kg	500g
U15 girls	3kg	1kg	500g
U14 girls	3kg	1kg	400g

Rules

1. Number of events

Each school will be allowed one competitor per event, and one relay team for each age group. Provided that the student is qualified by age, they may compete in the following number of events.

- 1.1. Schools with a secondary enrolment greater than 300 - any four events.
- 1.2. Schools with a secondary enrolment of 200-300 students - any five events.
- 1.3. Schools with a secondary enrolment of less than 200 students - any six events.
- 1.4. Single sex schools are to double their enrolments for these calculations.

2. Age

Ages shall be taken from 1 January in year of competition: i.e. Under 14 means that they were 13 when the year started and they will turn 14 during the year of competition.

3. Points

Points are awarded for all events: First – 10, second – 8, third – 7, fourth – 6, fifth – 5, sixth – 4, seventh- 3, eighth – 2, ninth – 1.

4. Dress for competitors

Each competitor must wear an athletic uniform approved by the school, which can include “pants” below the knees. Track suit bottoms may be worn in field events.

Each school has been allocated a number as shown on the grading’s list.

Each competitor should wear this number securely fastened on the front and back of their singlet.

The number should be at least 10 centimetres high and must be clearly visible at all times.

Students competing in any track & field event must wear shoes. Students will not be allowed to participate in any event until they comply with this ruling.

No competitor will be permitted to wear spikes which are longer than 6mm, measured from the sole of the shoe.

5. Starting order

5.1. In sprint events, competitors will run in the lanes they are allocated.

5.2. In multiple lap running events, competitors will start on the line as allocated. Division 2 may need to start in a line behind division 1.

5.3. Division 1 will always precede division 2 except in combined events where they start together.

6. Arena

6.1. Only officials and competitors who are actively competing will be allowed on the arena.

6.2. Competitors must not enter or leave the arena between the start and finish of the 100m on the West Track

6.3. Coaching from inside the arena will result in the disqualification of the individual or team involved.

6.4. On finishing a track event for events 800 metres and above competitors receive their place card and then report to the track recording table. For events 400 metres and less they move out of the arena and the results will be posted.

7. Throwing Implements

All implements will be supplied. No individual implements are allowed to be used.

8. Clash of events

Competitors in a field event where another event clashes, must inform the official in charge of the field event when leaving and returning.

They are to negotiate with the official how they are to have their 3 attempts and if necessary may have them all in the one round, provided they have reported in at the start of the event and the event has not been completed. (In high jump, the bar may be higher).

9. Pole vault – A grade day only

For pole vaulters in A grade, it is the same as any other individual event, it just takes more time to compete.

Inexperienced vaulters need to attend the training session that operates before the event starting at 9.30 so that they can show they are capable and allowed to compete.

Pole vaulters (whose school is competing in a lower grade) may compete at the A grade championship as individuals. They will be eligible to break records and achieve standards.

They will be competing for places certificates in an A to F grade competition that has no point allocation.

Competitors do not need to supply their own poles.

10. Crouch starts

Crouch starts are compulsory for all track events run in lanes i.e. 100 metres, 200 metres, 400 metres, hurdles and first relay leg.

11. False starts

One false start will be permitted for all track events.

If a second false start occurs, whoever false started that time (irrespective of who false started the first time) will be disqualified.

12. Relays

A relay baton when dropped must be picked up by the person who dropped it even if the baton is outside the lane.

The runner must re-join the race at the point they left their lane.

2019 program of events

Event 1	Under 15 girls long jump (south west) Record: 5.60m Kylie Good (Loxton) 1989 Standard: 4.55m	9.45am
Event 2	Under 16 boys long jump (north west) Record: 6.63m Darren Hosking (Enfield) 1985 Standard: 5.80m	9.45am
Event 3	Under 16 girls triple jump (south east) Record: 11.88m Margaret Gayen (St Peters) 2010 Standard: 10.00m	9.45am
Event 4	Open boys triple jump (north east) Record: 15.32m Jack Stolarski (Upper South East) 2016 Standard: 12.20m	9.45am
Event 5	Under 14 girls high jump (south east) Record: 1.69m Dianne Tschirpigg (Loxton) 1983 Karina Turner (Banksia Park) 1986 Standard: 1.45m	9.45am
Event 6	Under 15 boys high jump (south west) Record: 1.93m Mel Fenson (Concordia) 1993 Standard: 1.72m	9.45am
Event 7	Under 14 boys javelin (north west) Record: 51.00m Alec Bryce (Nuriootpa) 2008 Standard: 34.50m	9.45am
Event 8	Under 15 girls javelin (outside) Record: 38.09m Charlotte Farmer (Walford) 2016 (600gm) 38.36m K Edwards Salisbury East 1990 Standard: 28.00m	9.45am
Event 9	Under 16 boys discus (south east) Record: 56.79m Jesse Iese (Christian Brothers) 2017 Standard: 40.00m	9.45am
Event 10	Open girls discus (north east) Record: 39.31m Linda Schiller (Underdale) 1979 Standard: 29.00m	9.45am
Event 11	Under 16 girls shot put (outside 1) Record: 13.11m Salumi Robberts (Sunrise) 2018 (4kg) 10.44m Cathy Johninke (Reynella East) 2001 Standard: 9.70m	9.45am
Event 12	Under 14 girls shot put (outside 2) Record: 12.84m Salumi Robberts (Sunrise) 2016 Standard: 9.30m	9.45am
Event 13	Open girls 3000m (combined divisions) Record: 10min. 05.81secs Tessa Potezny (Glenunga) 2010 Standard: 11min. 30.0secs	9.45am
Event 14	Open boys 110m hurdles (division 1and 2) Record: 14.3s Sam Giatrakos (Henley) 2006 Standard: 16.6s	9.45am
Event 15	Under 16 boys 100m hurdles (division 1and 2) Record: 14.12s David Amaechi (St Peter's Boys) 2018 Standard: 15.5s	9.51am

Event 16	Open girls 100m hurdles (division 1and 2) Record: 15.78 Arielle Abbate (Trinity) 2018 (84cm) 14.2s Kylie Good (Loxton) 1991 Standard: 17.0s	9.57am
Event 17	Open boys 3000m (combined divisions) Record: 8min 37.1.sec Wayne Pappas (Playford) 1982 Standard: 9min 40.0secs	10.00am
Event 18	Under 15 boys 100m hurdles (division 1and 2) Record: 13.1s Jonathon Wilkin (Woodcroft) 2007 Standard: 15.5s	10.01am
Event 19	Under 16 girls 90m hurdles (division 1and 2) Record: 12.6s Kelly Wilding (Gawler) 1994 Standard: 15.1s	10.07am
Event 20	Under 15 girls 90m hurdles (division 1and 2) Record: 12.6s Kylie Good (Loxton) 1989 Standard: 15.2s	10.11am
Event 21	Under 14 boys 90m hurdles (division 1and 2) Record: 12.2s Jonathon Wilkin (Woodcroft) 2006 Standard: 14.6s	10.15am
Event 22	Under 15 boys pole vault (north) (Only conducted on A grade day) Record: 3.80m Declan Carruthers (Henley) 2012 Standard: 2.60m	10.15am
Event 23	Open girls pole vault (north) (Only conducted on A grade day) Record: 3.60m Holly Beecham (St Dominic') 2015 Standard: 2.30m	10.15am
Event 24	Open boys pole vault (north) (Only conducted on A grade day) Record: 4.65m Declan Carruthers (Henley) 2015 Jack Stokarski (USE) 2015 Standard: 3.20m	10.15am
Event 25	Under 14 girls 80m hurdles (division 1and 2) Record: 12.4s Tayla Philis (Woodcroft) 2011 Standard: 14.6s	10.21am
Event 26	Open girls 200m (division 1and 2) Record: 23.2s Tanya Van Heer (Norwood) 1989 Standard: 27.5s	10.27am
Event 27	Under 16 girls 200m (division 1and 2) Record: 25.38s Aimee Laube (Mt Gambier) 2007 Standard: 27.6s	10.30am
Event 28	Open boys 200m (division 1and 2) Record: 21.90s Michael Brusnahan (Henley) 2010 Jordan Caldow (Brighton) 2011 Standard: 23.4s	10.33am
Event 29	Under 16 boys 200m (division 1and 2) Record: 22.7s Aaron Christman (Far North/Eyre Peninsula) 2004 Standard: 24.2s	10.36am
Event 30	Under 15 boys 100m (division 1and 2) Record: 10.91s Amos Gill (Mercedes) 2006 Standard: 12.1s	10.40am

Event 31	Under 15 girls 100m (division 1and 2) Record: 12.0s Kim Nankivell (Naracoorte) 1991 Standard: 13.6s	10.43am
Event 32	Open boys long jump (south west) Record: 7.14m Darren Hosking (Enfield) 1986 Standard: 6.00m	10.45am
Event 33	Under 14 girls long jump (north west) Record: 5.38m Kylie Good (Loxton) 1988 Standard: 4.50m	10.45am
Event 34	Under 14 boys triple jump (south east) Record: 12.48m Kym Symons (Thebarton) 1972 Standard: 10.70m	10.45am
Event 35	Open girls high jump (south east) Record: 1.77m Lauren Foote (King's Baptist) 2001 Standard: 1.55m	10.45am
Event 36	Under 16 boys high jump (south west) Record: 2.03m Luke Temme (Mannum) 1993 2.03m Mark Watts (Loxton) 1997 Standard: 1.80m	10.45am
Event 37	Under 16 girls javelin (outside) Record: 42.83m Jessica Bell (St John's) 2016 (600gm) 37.33m Jemmy Guy (Bordertown) 2000 Standard: 32.00m	10.45am
Event 38	Open boys javelin (north west) Record: 62.89m Marcus Robberts (Sunrise Christian) 2017 Standard: 43.50m	10.45am
Event 39	Under 14 girls discus (north east) Record: 40.16m Zahlie Davies (Golden Grove) 2008 Standard: 23.00m	10.45am
Event 40	Under 14 boys 100m (division 1and 2) Record: 11.5s Nathan Steinberner (Faith) 1991 Standard: 12.5s	10.46am
Event 41	Under 15 girls 1500m (combined divisions) Record: 4min 45.51s Sophie Linn (St Peters) 2010 Standard: 5min 20.0s	10.47am
Event 42	Under 14 girls 100m (division 1and 2) Record: 12.3s Belinda Laird (Aberfoyle Park) 1991 Standard: 13.6s	10.49am
Event 43	Under 16 girls 800m (combined divisions) Record: 2m 13.96s Sophie Linn (St Peters) 2011 Standard: 2m 31.0s	10.55am
Event 44	Open girls 800m (combined divisions) Record: 2m 10.43s Sarah Eckel (Immanuel) 2017 Standard: 2m 30.0s	10.59am
Event 45	Under 16 boys 800m (combined divisions) Record: 1m 57.0s David Graham (Para Hills) 1983 Standard: 2m 12.0s	11.03am
Event 46	Open boys 800m (combined divisions) Record: 1m 57.16s Brett Fisk (Immanuel) 2009 Standard: 2m 07.0s	11.07am

Event 47	Under 15 boys 1500m (combined divisions) Record: 4min 15.0s Hans Minchin (Nuriootpa) 1985 Standard: 4min 40.0s	11.12am
Event 48	Under 14 girls 1500m (combined divisions) Record: 4m 46.15s Sophie Linn (St Peters) 2009 Standard: 5m 31.0s	11.19am
Event 49	Under 14 boys 1500m (combined divisions) Record: 4m 28.84s Sam Tierney (Immanuel) 2015 Standard: 4min 51.0s	11.26am
Event 50	Under 15 boys long jump (north west) Record: 6.49m Darren Hosking (Enfield) 1984 Standard: 5.50m	11.30am
Event 51	Under 15 girls triple jump (north east) Record: 11.42m Margaret Gayen (St Peters) 2009 Standard: 9.30m	11.30am
Event 52	Under 14 boys high jump (south west) Record: 1.95m Paul Rofe (Naracoorte) 1995 Standard: 1.65m	11.30am
Event 53	Under 16 girls high jump (south east) Record: 1.80m Sally Carter (Annesley) 2006 Standard: 1.50m	11.30am
Event 54	Under 14 boys discus (north east) Record: 48.70m William Gould (Lucindale) 2015 Standard: 31.00m	11.30am
Event 55	Open boys discus (south east) Record: 58.25m Sean Carlin (Salisbury East) 1985 (1.75kg) 37.45m Adam Proud (Loxton) 2014 Standard: 35.00m	11.30am
Event 56	Under 14 girls javelin (outside) Record: 38.26m Rebecca Morgan (Urrbrae) 2006 (600gm) 36.08m Kate Sheilaw (Wilderness) 2003 Standard: 25.00m	11.30am
Event 57	Under 16 boys javelin (north west) Record: 56.20m Alec Bryce (Nuriootpa) 2010 Standard: 40.00m	11.30am
Event 58	Under 15 boys shot put (outside 1) Record: 14.82m Benn Waller (Kadina) 2002 Standard: 12.00m	11.30am
Event 59	Open girls shot put (outside 2) Record: 11.73m Brooke Krueger (Murray Bridge) 1997 Standard: 9.10m	11.30am
Event 60	Under 16 boys 100m (division 1and 2) Record: 10.99s Seymour Ahladas (Findon) 2001 Standard: 11.9s	11.34am
Event 61	Under 16 girls 100m (division 1and 2) Record: 12.28 Chani Van Der Merwe (Walford) 2002 Standard: 13.5s	11.38am
Event 62	Open boys 100m (division 1and 2) Record: 10.7s Ben Jamieson (Taperoo) 1995 Standard: 11.5s	11.42am

Event 63	Open girls 100m (division 1and 2) Record: 11.5s Tanya Van Heer (Norwood) 1989 Standard: 13.4s	11.46am
Event 64	Under 14 girls 400m (division 1and 2) Record: 58.7s Cheryl Day (Burra) 1988 Standard: 65.0s	11.52am
Event 65	Under 14 BOYS 400m (division 1and 2) Record: 53.46s Matthew Deegan (Mercedes) 2000 Standard: 59.0s	11.57am
Event 66	Under 15 girls 400m (division 1and 2) Record: 57.4s Kym Nankivell (Naracoorte) 1991 Standard: 64.5s	12.02pm
Event 67	Under 15 boys 400m (division 1and 2) west Record: 51.5s Andrew Seagrim (Gilles Plains) 1979 Standard: 56.5s	12.07pm
Event 68	Open girls 1500m (combined divisions) Record: 4min 38.17s Sophie Linn (St Peters) 2011 Standard: 5min 19.0s	12.14pm
Event 69	Open girls long jump (north west) Record: 5.93m Kylie Good (Loxton) 1991 Standard: 5.05m	12.15pm
Event 70	Under 14 boys long jump (south west) Record: 6.09m Kym Symons (Thebarton) 1972 Standard: 5.20m	12.15pm
Event 71	Under 15 boys triple jump (south east) Record: 13.36m Tony Brideson (Seacombe) 1986 Standard: 11.60m	12.15pm
Event 72	Under 14 girls triple jump (north east) Record: 11.99m Lucy Doney (Scotch) 2017 Standard: 9.70m	12.15pm
Event 73	Open boys high jump (south west) Record: 2.12m Jagan Hames (Brighton) 1993 Standard: 1.85m	12.15pm
Event 74	Under 15 girls high jump (south east) Record: 1.74m Lauren Foote (King's Baptist) 1999 Standard: 1.50m	12.15pm
Event 75	Under 15 girls discus (north east) Record: 40.30m Claire Mills (Kidman Park) 1982 Standard: 25.00m	12.15pm
Event 76	Under 15 boys discus (south east) Record: 53.67m Matthew Lowe (Ross Smith) 2002 Standard: 37.00m	12.15pm
Event 77	Under 16 boys shot put (outside 1) Record: 18.48m Jesse Iese (Christian Brothers) 2017 Standard: 13.00m	12.15pm
Event 78	Under 14 boys shot put (outside 2) Record: 16.81m Jake Deslandes (Brighton) 2001 Standard: 12.70m	12.15pm
Event 79	Open girls javelin (north west) Record: 44.70m Cherry Harvey (Underdale) 1984 Standard: 30.00m	12.15pm

Event 80	Open boys 1500m (combined divisions) Record: 3min 59.9s David Graham (Para Hills) 1983 Standard: 4min 26.0s	12.21pm
Event 81	Under 16 girls 400m (division 1and 2) Record: 56.74s Abbey Dunn (Hallett Cove) 2000 Standard: 64.0s	12.28pm
Event 82	Under 16 boys 400m (division 1and 2) Record: 50.9s Ben Jamieson (Taperoo) 1994 Standard: 55.0s	12.33pm
Event 83	Open girls 400m (division 1and 2) Record: 54.6s Tanya Van Heer (Norwood) 1989 Standard: 63.5s	12.38pm
Event 84	Open boys 400m (division 1and 2) Record: 48.93s Mark Ormrod (Pedare) 2000 Standard: 53.5s	12.43pm
Event 85	Under 14 girls 200m (division 1and 2) Record: 25.6s Julie Reid (Gilles Plains) 1975 Standard: 28.5s	12.50pm
Event 86	Under 14 boys 200m (division 1and 2) Record: 22.98s Matthew Deegan (Mercedes) 2000 Standard: 25.5s	12.54pm
Event 87	Under 15 girls 200m (division 1and 2) Record: 25.1s Trudy Moore (Minlaton) 1987 Standard: 28.0s	12.58pm
Event 88	Under 16 girls long jump (south west) Record: 5.58m Margaret Gayen (St Peters) 2010 Standard: 4.60m	1.00pm
Event 89	Under 16 boys triple jump (north east) Record: 14.04m Jack Stolarski (Upper South East) 2015 Standard: 12.00m	1.00pm
Event 90	Open girls triple jump (south east) Record: 11.96m Margaret Gayen (St Peters) 2011 Standard: 10.00m	1.00pm
Event 91	Under 15 boys javelin (outside) Record: 44.40m Wade Chant (Mt Gambier) 2014 Mason Hamish (Pedare) 2016 (600gm) 53.95m Dan Horsnell (The Heights) 2002 Standard: 37.50m	1.00pm
Event 92	Under 16 girls discus (south east) Record: 40.00m Zahlie Davies (Kings Baptist) 2010 Standard: 27.00m	1.00pm
Event 93	Under 15 girls shot put (outside 1) Record: 12.52m Tahnee Helbig (Para Hills) 2014 Standard: 9.50m	1.00pm
Event 94	Open boys shot put (outside 2) Record: 16.05m Stewart McLaughlin (Mt Gambier) 2007 (6kg) 13.03m Sav Trimboli (Seaton) 2016 Standard: 13.00m	1.00pm
Event 95	Under 15 boys 200m (division 1and 2) Record: 22.11s Sam Thomas (Adelaide) 2010 Standard: 25.0s	1.02pm

Event 96	Under 14 girls 800m (combined divisions) Record: 2m 21.54s Sophie Linn (St Peters) 2009 Standard: 2m 41.0s	1.06pm
Event 97	Under 14 boys 800m (combined divisions) Record: 2m 09.0s Jonathon Sinclair (Pedare) 2007 Standard: 2m 20.0s	1.10pm
Event 98	Under 15 girls 800m (combined divisions) Record: 2m 13.7s Katrina Camp (Blackwood) 1982 Standard: 2m 36.0s	1.14pm
Event 99	Under 15 boys 800m (combined division) Record: 2m 03.4s Paul Schnyder (Blackwood) 1977 Standard: 2m 17.0s	1.18pm
Event 100	Open girls 1000m steeplechase (combined divisions) 1.23pm Record: 3m 12.52s Eleanor Wardleworth (Mercedes) 2010 Standard: 3m 40.0s	
Event 101	Open boys 2000m steeplechase (combined divisions) 1.29pm Record: 5m 59.52s Jacob Cocks (Brighton) 2012 Standard: 7m 10s	
Event 102	Under 14 girls 4x100m relay (division 1and 2) Record: 51.20s Loxton 1988 Standard: 56.0s	1.38pm
Event 103	Under 14 boys 4x100m relay (division 1and 2) Record: 47.70s The Heights 1993 Standard: 51.5s	
Event 104	Under 15 girls 4x100 relay (division 1and 2) Record: 50.60s Siena 1982 Standard: 54.5s	
Event 105	Under 15 boys 4x100 relay (division 1and 2) Record: 46.65s Mercedes 2015 Standard: 49.5s	
Event 106	Under 16 girls 4x100 relay (division 1and 2) Record: 51.10s Aberfoyle Park 1995 Standard: 54.0s	
Event 107	Under 16 boys 4x100 relay (division 1and 2) Record: 43.38s Glossop 2014 Standard: 48.0s	
Event 108	Open girls 4x100 relay (division 1and 2) Record: 50.00s Glossop 1984 Standard: 54.0s	
Event 109	Open boys 4x100 relay (division 1and 2) Record: 44.42s St Peter's Boys 2018 Standard: 46.5s	