CONFIDENCE FRIENDSHIP SPORT
COMMUNITY IDENTITY HEALTH
SUCCESS RESPECT CULTURE PRIDE
EDUCATION OPPORTUNITY SAASTA
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Introduction

The South Australian Aboriginal Sports Training Academy (SAASTA) offers young Aboriginal and Torres Strait Islander South Australians a range of highly engaging learning and personal development opportunities. SAASTA builds on the education offered in our schools, giving students opportunities for ongoing personal growth and cultural experience.

SAASTA provides Aboriginal school students with a unique sporting and educational program. Our academies work with school leaders and local communities across South Australia to provide students with the skills, opportunities and confidence to dream, believe and achieve in the areas of sport, education, employment, healthy living and connection with their culture.

SAASTA is available to both male and female students in years 10, 11 and 12 who are studying the South Australian Certificate of Education (SACE).

Enrolment is open to any Aboriginal student who is committed and passionate about pursuing success in education and building a strong foundation for their future.

Every academy student is encouraged to aim high and to raise the bar of expectation they place on themselves and their peers, particularly in the areas of attendance, participation, educational performance and behaviour. Because of this approach academy students are widely considered as role models for their schools, families and communities.

Acknowledgement of Country

At SAASTA we recognise and acknowledge that a number of our academies are located on the lands of the Kaurna people, the traditional owners of the wider Adelaide region. We would also like to acknowledge the traditional owners of the lands beyond Kaurna country where our academies have been established. We respect the cultural heritage, beliefs and relationship that Aboriginal people have with the land and understand that this remains of significant importance today.
What to expect from SAASTA

SAASTA offers a highly engaging, quality academic program that supports Aboriginal students to cope with the rigour of the SACE. In doing so staff host schools and our partners are focused on supporting, encouraging and inspiring our students to reach their full potential.

Academy students can expect:

- to be led by quality, engaging and inspiring teaching staff and tutors
- their own academy room, providing a space for academy classes and activities
- a complete academy uniform, seniors jumper and playing gear for sports competitions and carnivals
- individual support and mentoring
- cultural inclusiveness and connectedness
- to learn leadership skills
- to increase self-confidence and resilience
- to be ready for employment or further education
- to be heard
- a fee-free place in the program.

Enrolment

To enable more students the opportunity to enrol in SAASTA we offer three distinctive types of academies:

- school-based
- cluster schools
- sports specific.

All SAASTA students are required to attend their non-academy subjects back in their mainstream schools.

Enrolment to our school-based and cluster academies is open to all students and typically takes place during a school’s subject counselling. Acceptance into a SAASTA academy is dependant on each individual student’s:

- attendance
- behaviour
- commitment to studies
- attitude to themselves and others.

Students interested in joining SAASTA should first contact the local SAASTA Coordinator at one of our host schools (refer Academy locations on page 11).

Student pathways

It is important for every student to feel confident and secure about their future, and so to help our graduates reach their goals we have established a range of key partnerships to connect students with employers, universities, colleges and TAFE courses.

Each year with the support of the Port Adelaide Football Club, SANTOS and the Government of South Australia our senior class comes together from all over the State to attend the Year 12 Leadership Conference. At the conference students network with employers and universities and hear from keynote speakers and role models. SAASTA curriculum at Stage 1 & 2 also has a focus on career pathways and post school options.
SAASTA Curriculum - Overview

Cluster & School-based academies
SAASTA provides a variety of curriculum offerings but the table below shows a typical curriculum plan for an academy.

2018-2020 SAASTA student SACE plan

<table>
<thead>
<tr>
<th>YEAR 10</th>
<th>Semester One</th>
<th>Semester Two</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Stage 1 Aboriginal Power Cup - Aboriginal Studies (10 credits)</td>
<td>Stage 1 SAASTA Shield - Cross Disciplinary Studies (10 credits)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YEAR 11</th>
<th>Semester One</th>
<th>Semester Two</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Stage 1 Aboriginal Power Cup - Integrated Learning (10 credits)</td>
<td>Stage 1 SAASTA Shield - Scientific Studies (10 credits)</td>
</tr>
<tr>
<td></td>
<td>SAASTA Certificate III in Sport &amp; Recreation (55 Stage 2 credits)</td>
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</table>

<table>
<thead>
<tr>
<th>YEAR 12</th>
<th>Full Year</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Stage 2 Integrated Learning - Development of Personal &amp; Physical Performance (20 credits)</td>
</tr>
</tbody>
</table>

Note: Certificate III in Sport & Recreation can be done in Year 11 or Year 12

Extra Curriculum
SAASTA also have developed the curriculum for the following subjects that academies may choose to offer:
Stage 1 Essential English (20 credits)
Stage 1 Essential Maths (10 credits)
Stage 2 Cross Disciplinary Studies (20 credits)
Academy curriculum and the SACE

Academy students typically study two academy-developed SACE subjects per year; each subject is developed specifically for our students and contributes towards the successful completion of the SACE. Our SACE subjects are delivered in a structured and highly supported academy classroom environment by SAASTA teachers, tutors and relevant industry experts.

Certificate III in Sport and Recreation
(55 SACE Stage 2 Credits)
The SAASTA Certificate III in Sport & Recreation uses a dynamic mode of delivery to provide academy students with a direct sporting pathway through the SACE. The course is delivered using both in-class and out-of-school block release training methods.
The out-of-school block release training requires academy students from all over South Australia to come together for three one-week intensive training blocks delivered at Regency TAFE Campus by TAFE SA expert lecturers.
This subject equips students with the skills, knowledge and qualifications to enter into further study and gain valuable life skills for their future. Success in this course will see students graduate with a nationally recognised qualification and 55 SACE Stage 2 Credits.

Stage 2 Integrated Learning - Development of Personal & Physical Performance
(20 SACE Credits)
This subject has been developed for Year 12 students as an extension to the Aboriginal Power Cup and SAASTA Shield.
Students undertake a series of Practical tasks aimed at developing their skills. They will learn how to develop their specific skills while reviewing their performance for 3 main concepts. The main concepts are:
A. Physical Performance
B. Culture
C. Hands on culture.
In the Group Activity students undertake a cultural activity that engages the community.
For their Project students choose a sporting or cultural topic to investigate and report on.

The major Folio & Discussion is based around the leadership role that students take in the lead up to and participation in the Aboriginal Power Cup. Academy students enrolled in this subject are eligible to participate as competitors, coaches or event officials at both the Aboriginal Power Cup and SAASTA Shield carnivals.

Stage 1 Aboriginal Power Cup - Aboriginal Studies / Integrated Learning
(10 SACE Credits)
Open to both male and female academy students, the Aboriginal Power Cup subject has been developed using the SACE Aboriginal Studies & Integrated Learning frameworks and culminates in the annual Aboriginal Power Cup carnival, a three day sporting event focusing on cultural activities, career pathways and the much anticipated nine-a-side round robin AFL competition.
Leading up to the carnival students are required to work both individually and as part of their team to complete a series of curriculum tasks specifically designed around learning about their culture. A majority of each team’s points are gained through strong attendance at school and successfully completing their curriculum tasks. The two highest-ranked male and female teams earn the right to play off in the Grand Final on day three as a curtain raiser to a scheduled Port Adelaide Football Club AFL game at Adelaide Oval.

Stage 1 SAASTA Shield - Cross Disciplinary / Scientific Studies
(10 SACE Credits)
This subject has been developed using the SACE Cross Disciplinary Studies and Scientific Studies frameworks, and similar to the Aboriginal Power Cup, it culminates in a two-day multi-sport event with teams competing to claim the annual SAASTA Shield.
A major focus for the curriculum is for students to gain an understanding of sports science principles through the use of the latest testing equipment such as VX Trackers and Heart Rate Monitors.
Feedback from students is used to select which sports will be offered each year, while teacher and community voice is used to guide the subject’s lifestyle, cultural and health content.
Stage 1 Essential English
(20 SACE Credits)
SAASTA English has been developed to expand our student’s language and literacy skills through the use of written, oral and visual tasks. Students will have opportunities to engage with a variety of texts that have a cultural focus, while developing the skills that could enable them to be successful in Stage 2 English if they choose this subject.

Subject content is uniquely culturally inclusive with a particular focus on sport, health and contemporary Indigenous issues. Students will learn to critically analyse and understand the meanings, structures, purposes and audiences of this content.

Stage 1 Essential Mathematics
(10 SACE Credits)
SAASTA Numeracy is based on the SACE subject of Essential Mathematics and has been designed to enable students to build on their mathematical knowledge.

Students who complete 10 credits of this subject with a C grade or better will meet the numeracy requirement of the SACE while developing skills that could enable them to be successful in Stage 2 Essential Mathematics if they choose this subject.

Assignments have a research and analysis basis specifically related to the world of sport.

Stage 1 Scientific Studies
(10 SACE Credits)
SAASTA have developed a series of assignments based around science and cultural importance. Topics include:

- Water in Remote Communities
- Aboriginal Plant Use
- Health
- Flight.
Sports Academies

SAASTA currently operates two Sports Academies:

- AFL Football
- Netball.

The sports academies are run in conjunction with the state’s key sporting organisations. The football academy is a partnership between SAASTA and the Port Adelaide Football Club and is called the SAASTA Aboriginal AFL Academy (AAA). The netball academy is a partnership between SAASTA and Netball SA and is called the SAASTA Aboriginal Netball Academy (ANA).

Students undertake skill development conducted by coaches from the key sporting organisations. Each year there are regular opportunities to compete against successful teams from local and interstate. Students also gain the chance to showcase their talents in the curtain-raiser matches in the Indigenous Round for Port Power and the Thunderbirds. Teams may even have the opportunity to travel interstate or overseas.

Enrolment

Students must be in Year 11 or 12 and if starting in Year 11 can also be enrolled in Year 12 if they are successful in the selection process.

Try-outs take place for the sports academies in Term 4 of each year. Information is sent to schools notifying students of the dates and times for try-out selection. The process usually involves an opportunity for a student to showcase their skills in the chosen sport plus a rigorous program to determine student’s fitness levels. Regular attendance and good grades back at school are also key factors when determining which students are selected.

Education

There is a strong emphasis placed on achieving educational success. Students study:

- Certificate III in Fitness
- Stage 2 Aboriginal Studies
- Stage 2 Cross Disciplinary Studies (Sports Science).

Students must maintain regular attendance and success in their school subjects to keep their enrolment in the sports academies.
**SAASTA Connect**

SAASTA has recently created the SAASTA Connect program for Aboriginal students in Years 8 & 9.

One aim of the program is to act as a pre-entry engagement and incentive program to the SAASTA Academy already operating in the school.

**Program**

The SAASTA Connect program runs for the whole year and is broken up into lessons. A key component of the program is the opportunity for schools to use local agencies and their resources to compliment the delivery of sessions in schools.

SAASTA staff create learning materials that are delivered by selected teachers and Aboriginal workers in the Academy schools. Curriculum materials are aligned to the Australian Curriculum Framework.

Students will be encouraged to attend and participate positively in the cultural and sporting activities. SAASTA Connect regularly reinforces key performance indicators (KPIs) including regular attendance, good behaviour and learning about culture.

Students will be rewarded for their success with an invitation to Port Adelaide Football Club twice a year to undertake sporting activities. The culmination at the end of each semester is a cultural camp rewarding students who achieve their behavioural and academic goals and meet the outlined student expectations. Year 9 students will also have the opportunity to receive a Duke of Edinburgh Bronze Award.

**Enrolment**

Schools that choose to conduct the SAASTA Connect program will select students in Term 4 who are meeting the KPIs in preparation for the following year.
Achievements

Success can be measured in many ways. The increase in the number of students engaging in SAASTA plus the increase in SACE completers are key indicators of the success of the SAASTA program.

In a recent survey the majority of students responded that they gained personally and academically through their involvement in the SAASTA program. They gained confidence through studying in classes with other Aboriginal students.

The qualifications they gained, especially by completing the Certificate III in Sport & Recreation, ensured the completion of their SACE and assisted in their transition to meaningful employment or tertiary study.

SAASTA Year 12 students make up more than 33% of all Aboriginal SACE completers in South Australia in recent years.

<table>
<thead>
<tr>
<th>Year</th>
<th>Number of school-based Academies (SBA)</th>
<th>Enrolments in SBA</th>
<th>Enrolments in Sports Academies</th>
<th>Total Enrolments</th>
</tr>
</thead>
<tbody>
<tr>
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</tr>
<tr>
<td>2013</td>
<td>13</td>
<td>328</td>
<td>-</td>
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</tr>
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<td>2014</td>
<td>15</td>
<td>372</td>
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<td>16</td>
<td>387</td>
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<table>
<thead>
<tr>
<th>Year</th>
<th>Yr 12 Enrolments</th>
<th>SACE Completers</th>
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<tbody>
<tr>
<td>2010</td>
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<td>77</td>
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<tr>
<td>2017</td>
<td>126</td>
<td></td>
</tr>
</tbody>
</table>
Awards

Each year SAASTA conducts a special Awards Ceremony to recognise the achievements of students and Academy staff throughout the year.

**Awards are presented in the following categories:**

- Student of the Year
- Academic Achiever
- Male Sports Achiever of the Year
- Female Sports Achiever of the Year
- Peer Leadership
- Greatest Gained
- Academy of the Year
- Coordinator of the Year.

To highlight the success of these awards, the 2015 Student of The Year, Jaylon Newchurch, from the Salisbury Academy achieved an ATAR of 97 out of 100.
Student responsibilities

SAASTA has developed five key performance indicators that are measured against an academy student’s overall schooling performance. The ‘SAASTA key performance indicators’ (KPIs) are critical in shaping our students’ participation and educational success and provide a solid foundation for all academy students when transitioning into employment and further studies. Once a student accepts a place in the program they are required to achieve and maintain the SAASTA KPIs in all areas of their schooling.

Academy student key performance indicators

Attendance
All absences must be accounted for with academy students required to maintain 90% attendance across all subject areas.

Academic participation and performance
With access to resources, mentors, tutors and key teaching staff, academy students are expected to achieve academic success in all curriculum areas.

Behaviour
SAASTA has a zero-tolerance policy on dangerous and abusive behaviour, this includes cyber bullying and harassment. Academy students are expected to adhere to their school behaviour management code at all times.

Engagement
Academy students are expected to show a high standard of teamwork and actively participate in all aspects of academy life.

Respect
Self-respect, respect of others and respect of culture are of paramount importance in every academy. Academy students are also required to wear the SAASTA uniform correctly and with pride at all times.

For us SAASTA has provided students with a holistic framework for their sporting, personal, academic and career pathway development. It is a great motivator and provides an affirmation of what is achievable with the appropriate structures, resources, personnel and commitments in place for indigenous young people in our schools.

Rob Shepherd
Principal
Le Fevre High School
# Academy locations

<table>
<thead>
<tr>
<th>Ceduna Area School</th>
<th>Murray Bridge High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Yorke School</td>
<td>Ocean View College</td>
</tr>
<tr>
<td>Christies Beach High School</td>
<td>Paralowie School</td>
</tr>
<tr>
<td>Coober Pedy Area School</td>
<td>Playford International College</td>
</tr>
<tr>
<td>Gawler &amp; District College</td>
<td>Port Augusta Secondary School</td>
</tr>
<tr>
<td>Glossop High School</td>
<td>Port Lincoln High School</td>
</tr>
<tr>
<td>John Pirie Secondary School</td>
<td>Salisbury High School</td>
</tr>
<tr>
<td>Le Fevre High School</td>
<td>Uni SA Mawson Lakes Campus</td>
</tr>
<tr>
<td>Mark Oliphant College</td>
<td>Uni SA Whyalla Campus</td>
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</tbody>
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