

School Sport SA (Indoor) 4s cricket

Modification

4s cricket is usually played indoors but can also be played outdoors.

Competitions can be single or mixed gender teams as the district or zone decides.

Outdoors is best played in an enclosed basketball/tennis/netball court area with 3 fenced sides and use cones to mark 4th side.

Only allow 1 run plus the score for that zone when hit over cones, all fenced sides can run as many as you like.

See the following video for a quick summary of how to play the game

<https://www.youtube.com/watch?v=kBEY3Vt4OxU>

Rules

1. 4 players per team per court
2. 3 teams per court
3. Match duration 45-60 minutes
4. Every player bats in pairs for 4 overs, bowls 2 x 6-ball overs, fields in front and back positions
5. Scoring – players accumulate points by making runs, taking wickets, catches, run-outs or stumpings
6. Batting team does not lose runs when they lose a wicket
7. Players sitting off are responsible for scoring
8. Team with the highest combined score from their 4 players wins
9. No LBW

See pages 4 and 5 for score sheets

Equipment and field size

- Field size approx. basketball/tennis/netball court
- 2 x bats
- 2 x stumps
- 1 x incrediball/indoor cricket ball/T20 blast ball
- Batting gloves are recommended
- Wicket keeping gloves are recommended
- Coloured bibs/sashes for each team

Intra-school competition

Schools are encouraged to run an internal competition at their site to determine their top team/s. This could be done during lunch breaks, through a SEPEP (Sport Education in Physical Education Program) unit or another format determined by the school.



Possible district/zone carnival format

The top team/s from each school would then progress to a district/zone carnival day. The following is a possible structure for a district/zone carnival day but is flexible and would need to cater for the number of teams participating.

2 courts and 6 teams

Round	Time	Court 1	Court 2
1	9:30	A v B v C	D v E v F
2	10:30	A v E v C	B v D v F
3	11:30	A v D v B	C v E v F
LUNCH	12:30		
Final	1:00	Top 3 ranked teams	4-6 ranked teams
	2:10	PRESENTATIONS	

3 courts and 9 teams

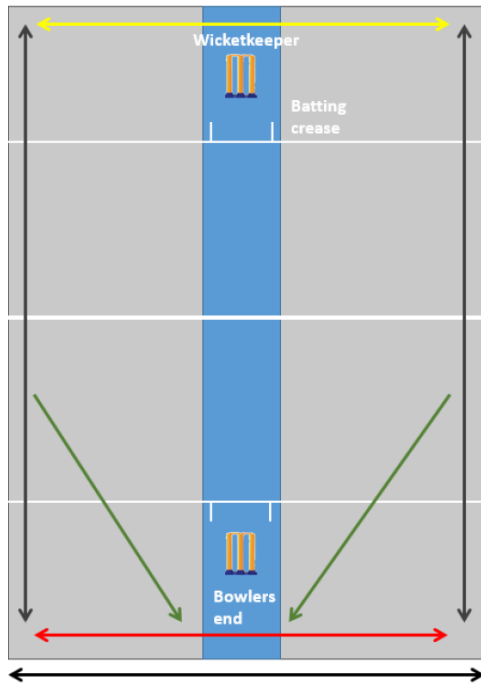
Round	Time	Court 1	Court 2	Court 3
1	9:30	A v B v C	D v E v F	G v H v I
2	10:30	A v D v G	B v E v H	C v F v I
3	11:30	A v E v I	D v C v H	F v B v G
LUNCH	12:30			
Final	1:00	Top 3 ranked teams	4-6 ranked teams	7-9 ranked teams
	2:10	PRESENTATIONS		

4 courts and 12 teams

Round	Time	Court 1	Court 2	Court 3	Court 4
1	9:30	A v B v C	D v E v F	1 v 2 v 3	4 v 5 v 6
2	10:30	A v D v 1	2 v 4 v B	C v E v 5	F v 3 v 6
3	11:30	C v D v 2	A v 2 v 6	F v 6 v B	E v 5 v 3
LUNCH	12:30				
Final	1:00	Top 3 ranked teams	4-6 ranked teams	7-9 ranked teams	10-12 ranked teams
	2:10	PRESENTATIONS			

Playing field set up (3 teams)

Indoor 4's – Scoring Zones



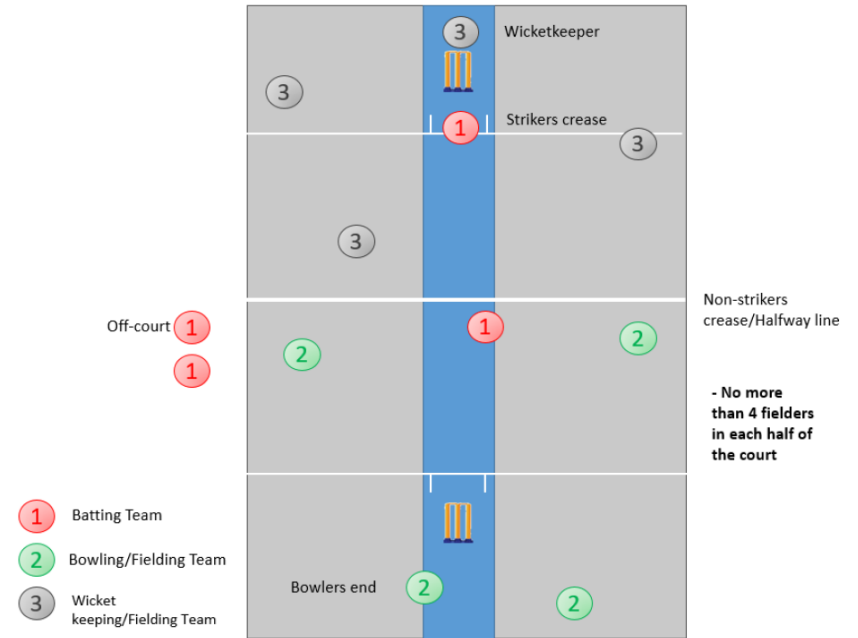
- Top net/Roof 0 bonus runs
- Front net (behind wicketkeeper) +1 to batsman
- All side nets +2 to batsman
- Side net onto Back net +3 to batsman
- Back net (behind bowler) +4 to batsman
- Back net on full (behind bowler) +6 to batsman
- Wide or No-Ball (not re-bowled) +2 to batsman

WICKETS	Bowler	Fielder	Wicket Keeper
Catch	+4	+4	
Bowled	+4		
Stumped	+4		+4
Run Out		+4 (per fielder)	
Caught & Bowled	+4		

*Note: no LBW in Indoor 4's.

Playing field set up

Indoor 4's – Playing Field Setup (3 Teams)



- 1 Batting Team
- 2 Bowling/Fielding Team
- 3 Wicket keeping/Fielding Team

*Note: with 3 teams, the 2 batters sitting off could be used to umpire and score

Game transition

Overs	Batting Team	Bowling/Fielding Team	Wicket keeping/Fielding Team
1-4	1	2	3
5-8	1	3	2
9-12	2	1	3
13-16	2	3	1
17-20	3	2	1
21-24	3	1	2

TEAM	PLAYER'S NAME	POINTS (cross off numbers as each player scores points)	TOTAL	TOTAL TEAM
1				
2				
3				
4				

Cricket Indoor 4's Scorecard

TEAM 1

Team Total

TEAM 2

Team Total

TEAM 3

Team Total

TEAM 4

Team Total