Leg 1. Runner No. 1

Start: Mars Sporting Stadium, Marden.
Finish of Leg: Dunstan Playground - Corner of Winchester St. and Eleventh Ave.
Distance: 3.05 km
Vehicle travel time: 6-8 minutes

Instructions:
Upon leaving MARS turn left and go to the traffic lights on the corner of Portrush and Payneham Roads. Turn right onto Payneham Road and proceed to Stephen Tce, St. Peters. Turn right and proceed to Tenth Ave. Turn right, then take the first left (Winchester St). Park near the entrance to the Dunstan Playground.

OR:
Upon leaving MARS turn right then left onto Beasley St. At the end turn right onto Battams Road (or turn left go to the traffic lights on the corner of Portrush and Payneham Roads. Turn right onto Payneham Road and turn right onto Battams Road). Turn left onto Sixth Ave then right onto Lambert Rd then left onto Ninth then right onto Winchester St. Park near the entrance to the Dunstan Playground.
Leg 2 Runner No. 2

**Start of this leg:** Dunstan Playground - Corner of Winchester St. and Eleventh Ave.

**Finish of Leg:** Where the paths merge adjacent to the tennis courts.

**Distance:** 4.68 km

**Vehicle travel time:** 10 - 12 minutes

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**Instructions:**
Go back onto Stephen Tce, turn left and proceed two streets to Eighth Ave. Turn right and proceed to its end. Turn left onto Harrow Road then turn immediately right onto Richmond Street. - go to its end. Turn right onto Hackney Road then immediately left onto Bundey's Road. Turn immediately left again onto War Memorial Drive. Follow it until you reach the Par 3 Golf Course. Park in this location until Runner 3 returns. There are toilets located here.

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**Change over:** Where the paths merge adjacent to the tennis courts.
Leg 3  Runner No. 3

Start of this leg: Where the paths merge adjacent to the tennis courts.
Finish of Leg: Where the paths merge adjacent to the tennis courts.
Distance: 3.08 km
Vehicle travel time: Nil

Instructions:
The vehicle stays at this location as the runner runs a loop in Bonython Park and returns to the change over point that they started from.

Start of this leg: Where the paths merge adjacent to the tennis courts.
Change Over: Where the paths merge adjacent to the tennis courts.
Leg 4  Runner No. 4

**Start of this leg:** Where the paths merge adjacent to the tennis courts.

**Finish of Leg:** Dunstan Playground - Corner of Winchester Street and Eleventh Ave.

**Distance:** 4.68 Km

**Vehicle travel time:** 11 - 13 minutes

**Instructions:**
Leave the Golf Course and turn right. Follow along War Memorial Drive to its end, turn right onto Bundey's Road and then turn right again onto Hackney Road. Turn immediately left onto Richmond Street and go to its end. Turn left onto Harrow Road then immediately right onto Eighth Ave. When you reach Stephen Tce, turn left and proceed two streets to Tenth Ave. Turn right then take the first left (Winchester Street). Park near the entrance to the Dunstan Playground.

**Start of this leg:** Where the paths merge adjacent to the tennis courts.
Leg 5  Runner No. 5

Start of this leg: Dunstan Playground - Corner of Winchester Street and Eleventh Ave.
Finish of Leg: O.G. Road Busway Carpark
Distance: 3.21 km
Vehicle travel time: 8 - 10 minutes

NOTE: The checkpoint is across on the other side of the river by the Bus Way Car Park. Cross via the footbridge.

Instructions:
Go back onto Stephen Tce, turn left and proceed to Payneham Road. Turn left and follow this road until you pass the Payneham Civic Centre. Turn left onto Briar Road. Briar Rd turns right and becomes Riverside Drive. Park there and the runner goes down the path opposite 5 Riverway, crosses the bridge and turns left to go to the Changeover location.
Leg 6  Runner No. 1

Start of this leg: O.G. Road Busway Carpark
Finish of Leg: Moore Street drinking fountain.
Distance: 2.91 km
Vehicle travel time: 7 - 9 minutes

NOTE:
The checkpoint is across on the other side of the river by the drinking fountain. Cross via the footbridge.

Instructions:
Return along Blair Rd and turn left at Payneham Road. Follow this along until it becomes Lower North East Road – continue on. Just past the Campbelltown Shopping Centre, turn left onto Church Road - go to its end. Turn right onto Victor Road then immediately left onto Greenglade Drive. Park alongside the stone wall. The checkpoint is across on the other side of the river by the drinking fountain. Cross via the footbridge.

OR:
Head east on Riverside Drive and follow to end. Turn left onto Langman Grove. Continue onto Sycamore Tce then right onto James St followed by a left onto Shepard's Lane. At Mines turn left then immediately right onto McShane St. At Hill St turn left and then right onto Victor Road. Turn left onto Greenglade Drive. Park alongside the stone wall. The checkpoint is across on the other side of the river by the drinking fountain. Cross via the footbridge.
Leg 7  Runner No. 2

Start of this leg: Moore Street drinking fountain.
Finish of Leg: Mahogany Avenue.
Distance: 3.82 km
Vehicle travel time: 6 - 8 minutes

NOTE 1:
Legs 8-12: Runners 3, 4, 5, 1, and 2 all complete ‘the loop’ from Mahogany Ave.

NOTE 2:
Toilets available here.
Support vehicles will remain here whilst five runners complete the loop.

Instructions:
Retrace your steps and head south then turn right onto Victor Road. At the roundabout take the first exit onto Church Road. Turn left and follow the Lower North East Road towards the hills. After crossing the bridge over the River Torrens, take the next turn on the right (Mahogany Ave). Follow it around past the roundabout and park along Mahogany Ave, adjacent to the changeover point. You will remain here whilst five runners complete the loop. Toilets available here.
Leg 13  Runner No. 3

Start of this leg: Mahogany Avenue.
Finish of Leg: Moore Street drinking fountain.
Distance: 3.82 km
Vehicle travel time: 6 - 8 minutes

Instructions:
Retrace your steps to the Lower North East Road. Turn left and follow the Lower North East Road towards the city. Just before the Campbelltown Shopping Centre, turn right onto Church Road - go to its end. Turn right onto Victor Road then immediately left onto Greenglade Drive. Park alongside the stone wall. The checkpoint is across on the other side of the river by the drinking fountain. Cross via the footbridge.
**Leg 14**  
**Runner No. 4**

**Start of this leg:** Moore Street drinking fountain.  
**Finish of Leg:** O.G. Road Busway Carpark  
**Distance:** 2.91 km  
**Vehicle travel time:** 6 - 8 minutes

**NOTE:**  
The checkpoint is across on the other side of the river by the Bus Way Car Park. Cross via the footbridge.

**Instructions:**
Retrace your steps to Lower North East Road and turn right towards the city. Turn right at Blair Rd. Briar Rd turns right and becomes Riverside Drive. Park there and the runner goes down the path opposite 5 Riverway, crosses the bridge and turns left to go to the Changeover location.

**OR:**  
Retrace your steps and head south then turn right onto Victor Road. Turn left on Hill St then right onto McShane St. At its end turn left onto Milnes Rd quickly followed by a right onto Shepard's Lane. At James St turn right followed by a left onto Sycamore Tce which becomes Langman Grove. At Riverside Drive turn right and follow it till 5 Riverside Dr. The checkpoint is across on the other side of the river by the drinking fountain. Cross via the footbridge.
Leg 15  Runner No. 5

Start of this leg: O.G. Road Busway Carpark
Finish of Leg: Mars Sporting Complex.
Distance: 2.74 km
Vehicle travel time: 5 – 7 minutes

Instructions:
Turn left onto Briar Road then right onto Turner St. When you reach OG Road turn left and at Payneham Rd turn right and then right again onto Lower Portrush Rd. Follow it to the Mars Sporting Complex.

Congratulations, your team has completed the relay!!!

Finish of the event: Mars Sporting Complex.